

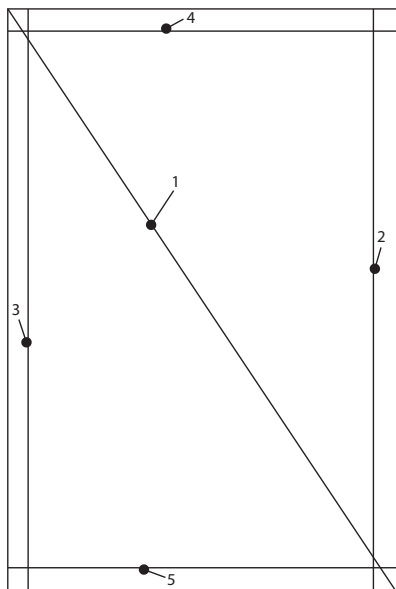


# Coffee BREAK

by Milinda Jay Stephenson

Use fabric scraps from your stash to create a pieced, embroidered and finished mug rug completely in the hoop.

Stitching Order Diagram



## materials

6" x 9" rectangle each of thermal lining fabric (such as polar fleece) & quilting cotton

7" x 11" rectangle of coordinating quilting cotton

Two 8" fabric squares (backing)

Four 1" x 8" fabric strips (binding)

Lightweight tear-away stabilizer

Temporary spray adhesive

Embroidery thread

In-the-hoop mug rug design (See "Design.")

## EMBROIDER

- With wrong sides together, fold each backing square in half; press. Set aside the backing.
- Download the mug rug design. Load the design onto the embroidery machine.
- Thread the machine and bobbin with embroidery thread.
- Hoop a piece of stabilizer. Lightly spray the thermal lining wrong side with temporary spray adhesive. Center the thermal lining right side up over the hooped stabilizer. Repeat to adhere the 6" x 9" rectangle over the thermal lining.
- Place the hoop onto the machine. Embroider the center diagonal placement line. Place one large cotton rectangle long edge right side down, centered over the line with  $\frac{1}{4}$ " extending to the right of the line.
- Embroider the tacking stitches. Finger-press the triangle right side up over the stitching line.
- Embroider the coffee cup and quilting design elements.
- Repeat to embroider the remaining elements, following the Stitching Order Diagram above.
- Embroider the upper-binding placement line. Place one binding strip right side down over the line with  $\frac{1}{4}$ " extending to the right of the line.
- Embroider the tacking stitches. Finger-press the strip right side up over the stitching line.
- Repeat to embroider and press the lower binding placement line, placing another binding strip with  $\frac{1}{4}$ " extending to the left of the line.



## MAKE IT YOURS



Change up the design in the lower-right corner of the mug rug while keeping the rest of the in-the-hoop elements intact.

- In the machine edit screen, open the mug rug design.
- Choose a design or create a monogram that's about the same size as the coffee cup (approximately  $1\frac{3}{4}$ " x  $2\frac{1}{2}$ "). If desired, combine designs to fill the outlined space.
- Open the desired design. Arrange the design so it sits directly over the coffee cup.
- Embroider colors 1 and 2, following the instructions on page 27. Advance the design to the new design, which is color 16.
- Embroider the new design.
- Reverse the design back to color 7, and continue embroidering according to the instructions on page 27, through color 15. Be sure to end the embroidery before you reach color 16.

- Repeat to embroider and press the left binding, placing another binding strip with  $\frac{1}{4}$ " extending above the line.
- Embroider and press the right binding, placing the remaining binding strip with  $\frac{1}{4}$ " extending below the line.
- Place the backing rectangles lengthwise over the pieced panel in the hoop, lapping the backing folded edges by  $\frac{1}{2}$ " and centering them over the mug rug design. Use temporary spray adhesive to adhere the backing rectangles, if desired. Embroider the tacking stitches.
- Remove the hoop from the machine and the fabric from the hoop. Tear the stabilizer from beyond the design perimeter. Trim the fabric  $\frac{1}{4}$ " from the stitching. Turn the mug rug right side out through the opening; press.
- If desired, topstitch the binding  $\frac{1}{8}$ " from the seam. **S**

### DESIGNS

Coffee Break design: [sewdaily.com](http://sewdaily.com)

Monogram & filigree: Built-in designs from the Baby Lock Ellisimo Gold; [babylock.com](http://babylock.com)