SEW NEWS
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SALIDA SWIMSUIT

BY KIMBERLY PAYNE OF STRAIGHT STITCH DESIGNS

sewdaily.com

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Summer, meet the Salida Swimsuit! With cool colorblocking and unique one-strap design, this one-piece is classic yet stylish and distinct... and also comfortable! The single strap design makes for easy customization depending on your torso length. Available in sizes 0-34, you'll want swimsuit fabric for this pattern (up to 1¼ yards depending on size and fabric width), along with 3 yards of swimsuit elastic.

RECOMMENDED FABRICS

Swimsuit Fabric

SUPPLIES

Swimsuit fabric and lining (refer to chart)
3 yards of swimsuit elastic
Serger (optional)

FABRIC REQUIREMENTS

Fabric Width	44" Wide	54" Wide	60" Wide
Sizes 0–16	1⅛ yards (100 cm)	¾ yards (70 cm)	¾ yards (70 cm)
Sizes 18–34	1¼ yards (120 cm)	1⅛ yards (100 cm)	⅞ yards (80 cm)

FINISHED MEASUREMENTS

Size	0	2	4	6	8	10	12	14	16	18	20	22	24	26	28	30	32	34
IMPERIAL (IN.)																		
Bust	28.5	29	29.25	29.5	30	30.25	30.5	31	31.25	31.75	32	32.25	32.75	33	33.5	33.75	34	34.5
Waist	23.75	24	24.5	24.75	25	25.5	25.75	26	26.5	26.75	27.25	27.5	27.75	28.25	28.5	29	29.25	29.5
Hips	29.25	31	31.5	31.75	32	32.5	32.75	33.5	33.5	33.75	34.25	34.5	34.75	35.25	35.5	36	36.25	36.5
METRIC (CM.)																		
Bust	72.5	73.25	74.25	75	76	76.75	77.75	78.75	79.5	80.5	81.25	82.25	83	84	84.75	85.75	86.5	87.5
Waist	60.25	61	62	62.75	63.75	64.5	65.5	66.25	67.25	68	69	69.75	70.75	71.5	72.5	73.5	74.25	75.25
Hip	74.5	79	79.75	80.75	81.5	82.5	83.25	84.25	85	86	86.75	87.75	88.5	89.5	90.25	91.25	92	93

NOTES

- Use a ⅜" seam allowance unless otherwise noted.
- These instructions feature many main constructions steps on the serger. It is possible to complete the suit using a conventional sewing machine and stretch stitches.

INSTRUCTIONS

Print, tile and cut the pattern to your size based on the size chart. Note that you'll need to tape the two neckline/ armhole elastic pattern pieces together at the triangle.

1. With right sides facing, match the bottom edge of piece 1 with the top edge of piece 2. Pin in place and stitch the pieces together with a zigzag stitch or serger **(1).**

2. With right sides facing, match the bottom of the piece from the previous step with the top of piece 3. Pin in place and stitch the pieces together **(2)**.

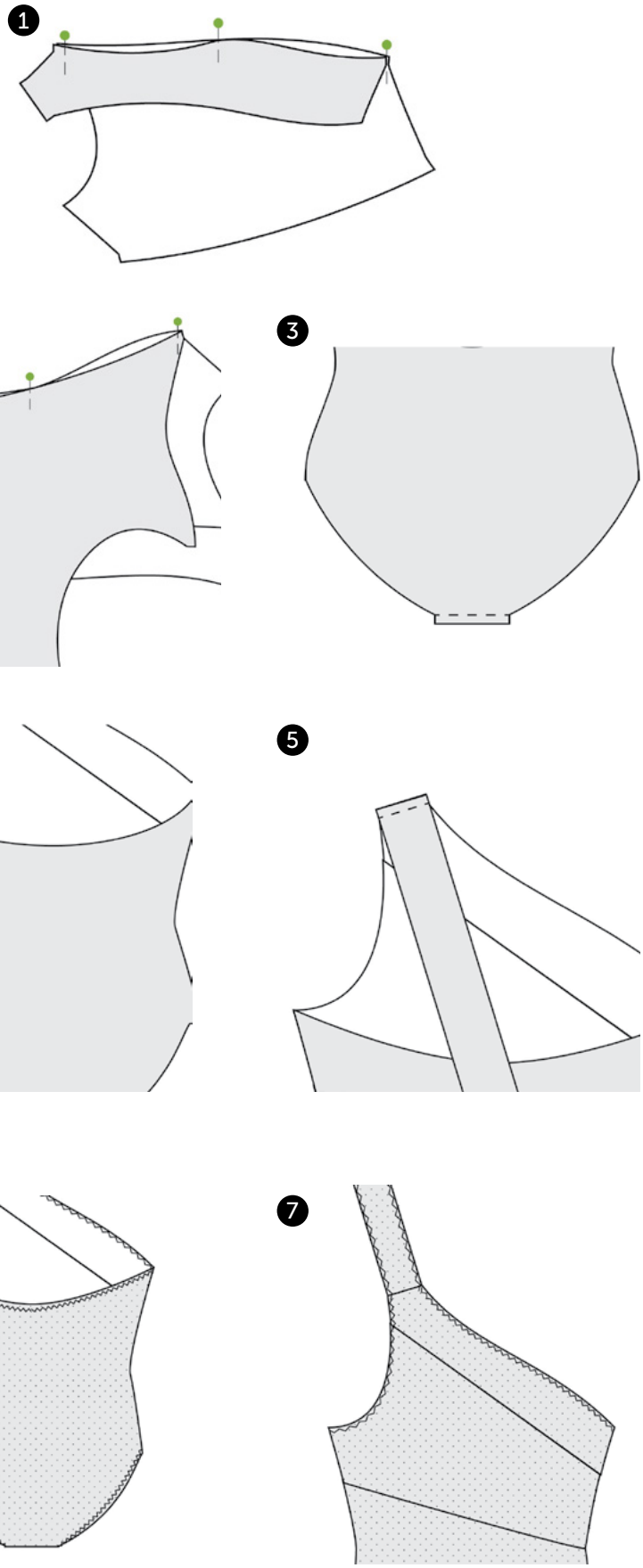
3. Place the front and back pieces together, right sides facing, and stitch together along the crotch point **(3)**. Stitch along both side seams as well **(4).**

4. Match the strap piece with the swimsuit front at the shoulder seam, right sides together, and stitch **(5)**.

5. Repeat the previous steps to construct the lining. Make sure that the right side of the lining is a mirror image of the swimsuit so that when you insert it, all seams will be enclosed.

6. Turn the swimsuit wrong side out and the lining right side out. With wrong sides facing, place the swimsuit inside the lining and match at the side seams, leg openings and strap edges. Stitch the lining and swimsuit together with a zigzag stitch around the leg openings, across the front and back, around the armhole and along the strap **(6 and 7)**.

7. Using the leg opening elastic guide, cut two pieces of ⅜" swimwear elastic to the length for the size you are sewing. Pin-mark



the notch indicated on the guide. Overlap the two ends of the elastic by ½" and stitch together with a zigzag stitch **(8)**.

8. Working on the wrong side of the swimsuit, match the seam created in the elastic with the side seam of the leg opening, and pin in place. Match the pinned notch mark on the elastic with the suit crotch seam, and pin this segment of the elastic with the front of the leg opening. Match the other segment of elastic to the back of the leg opening, and pin at the halfway point of both the elastic and the back leg opening **(9)**. The front elastic will fit exactly and the back elastic will be stretched to fit. The edge of the elastic will line up with the raw edges of the leg opening. Stitch the elastic in place with a zigzag stitch or serger around the leg opening.

   TIP: If you're using a serger, disengage the knife to avoid trimming the elastic edge.

9. Fold the elastic towards the wrong side of the garment and pin in place. Stitch along the raw edge using a zigzag stitch, making sure to stretch the back leg opening as you sew **(10)**. Repeat to install elastic in the remaining leg opening.

10. Using the neckline/armhole elastic guide, cut one piece of elastic for the size sewn. Pin-mark points 1 through 4 on the piece of elastic **(11)**.

11. Match up the points on the elastic with the points indicated in the figure **(12)**. Add additional pins to ensure even stretching between points. Do not stretch the elastic used on the strap. Repeat the process of attaching the elastic as you followed for the leg openings **(13)**.

12. Match up the notch on the strap with the notch on the swimsuit back, pin in place and check the fit. Adjust the strap as needed and stitch in place along the stitching line in the previous step **(14)**. S

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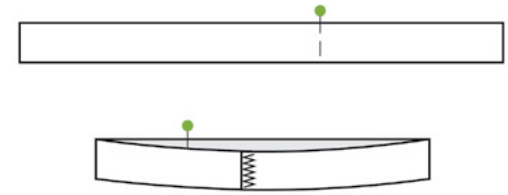

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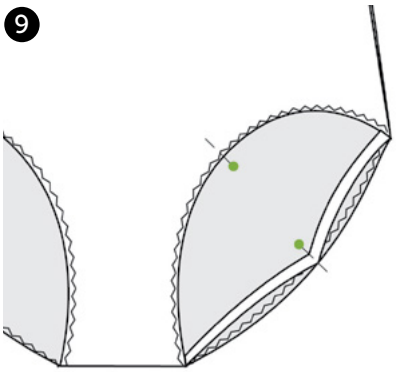

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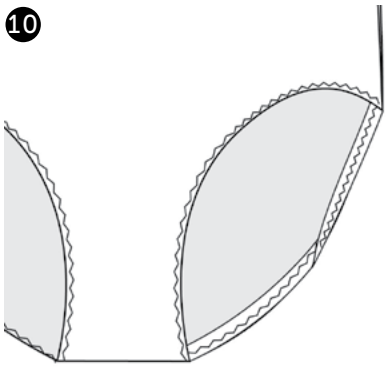

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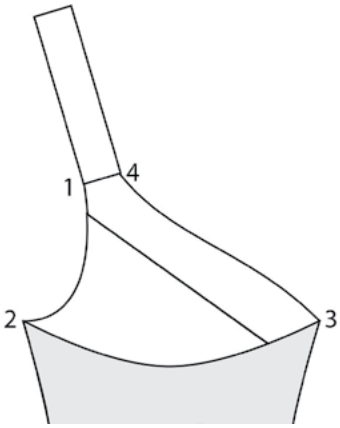

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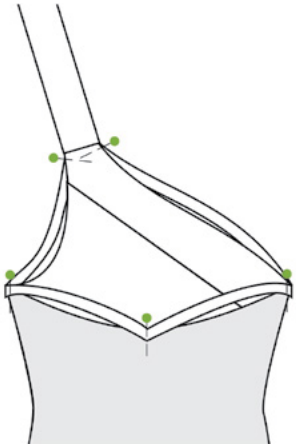

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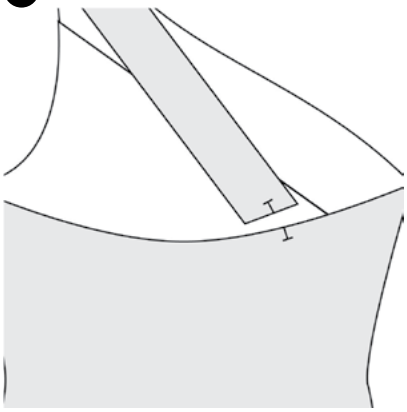

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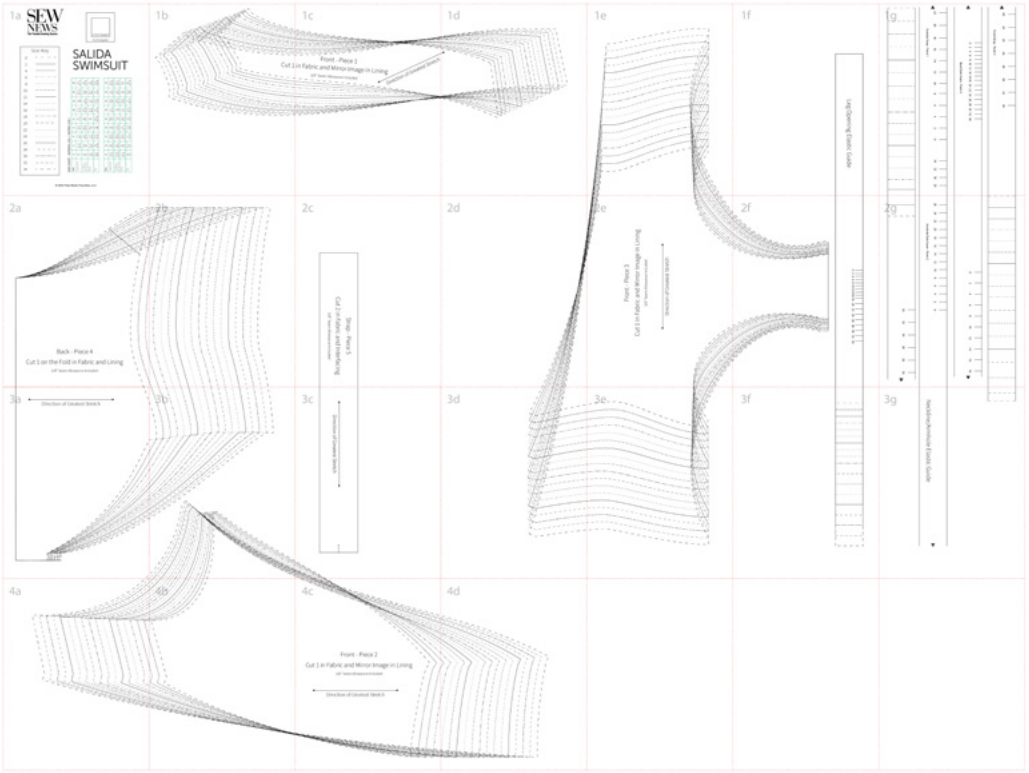

Template overview

1" Test Square

25 pages: 1a–4d

Print this page first at 100%, then measure the 1" test square before printing full pattern.

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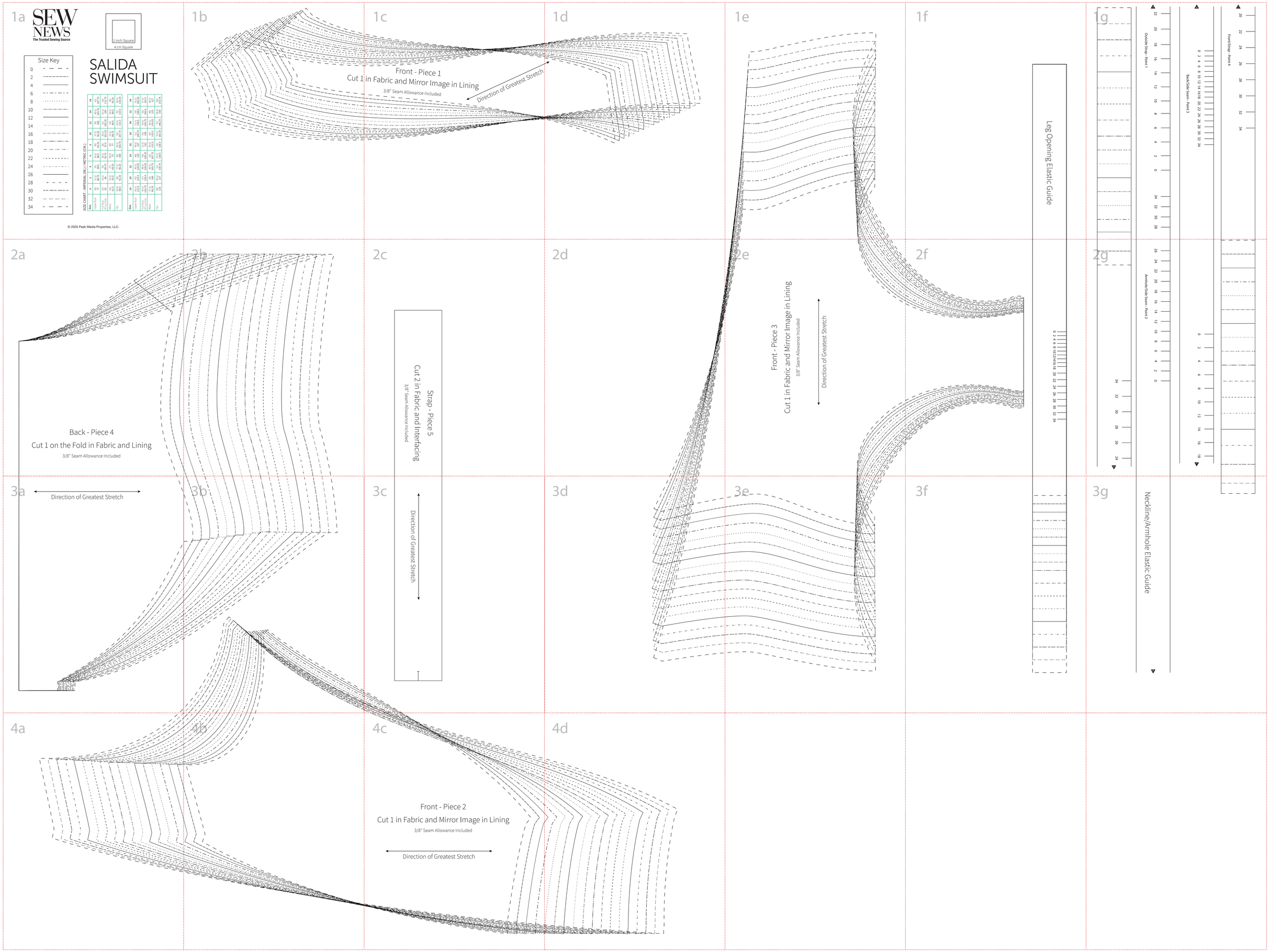

1a
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1 inch Square
4 cm Square
Size Key
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1b
1c
1d
1e
1f
1g
Front - Piece 1
Cut 1 in Fabric and Mirror Image in Lining
3/8" Seam Allowance Included
Direction of Greatest Stretch
Leg Opening Elastic Guide
2a
2b
2c
2d
2e
2f
2g
Back - Piece 4
Cut 1 on the Fold in Fabric and Lining
3/8" Seam Allowance Included
Strap - Piece 5
Cut 2 in Fabric and Interfacing
3/8" Seam Allowance Included
Front - Piece 3
Cut 1 in Fabric and Mirror Image in Lining
3/8" Seam Allowance Included
Direction of Greatest Stretch
3a
3b
3c
3d
3e
3f
3g
Direction of Greatest Stretch
Direction of Greatest Stretch
Neckline/Armhole Elastic Guide
4a
4b
4c
4d
Front - Piece 2
Cut 1 in Fabric and Mirror Image in Lining
3/8" Seam Allowance Included
Direction of Greatest Stretch

1a

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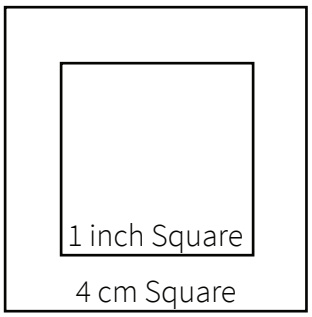

Size Key

0
2
4
6
8
10
12
14
16
18
20
22
24
26
28
30
32
34

SALIDA SWIMSUIT

SIZE CHART - IMPERIAL (IN.) / METRIC (CM.)

Size	0	2	4	6	8	10	12	14	16
Upper Bust	30/ 77	31.5/ 80.75	33/ 84.5	34.5/ 88.5	36/ 92.25	37.5/ 96.25	39/ 100	40.5/ 103.75	42/ 107.75
Full Bust B Cup Size	32/ 82	33.5/ 86	35/ 89.75	36.5/ 93.75	38/ 97.5	39.5/ 101.25	41/ 105.25	42.5/ 109	44/ 112.75
Waist	24/ 61.5	25.5/ 65.5	27/ 69.25	28.5/ 73	30/ 77	31.5/ 80.75	33/ 84.5	34.5/ 88.5	36/ 92.25
Hip	34.5/ 88.5	36/ 92.25	37.5/ 96.25	39/ 100	40.5/ 103.75	42/ 107.75	43.5/ 111.5	45/ 115.5	46.5/ 119.25

Size	18	20	22	24	26	28	30	32	34
Upper Bust	43.5/ 111.5	45/ 115.5	46.5/ 119.25	48/ 123	49.5/ 127	51/ 130.75	52.5/ 134.5	54/ 138.5	55.5/ 142.25
Full Bust B Cup Size	45.5/ 116.75	47/ 120.5	48.5/ 124.25	50/ 128.25	51.5/ 132	53/ 136	54.5/ 139.75	56/ 143.5	57.5/ 147.5
Waist	37.5/ 96.25	39/ 100	40.5/ 103.75	42/ 107.75	43.5/ 111.5	45/ 115.5	46.5/ 119.25	48/ 123	49.5/ 127
Hip	48/ 123	49.5/ 127	51/ 130.75	52.5/ 134.5	54/ 138.5	55.5/ 142.25	57/ 146.25	58.5/ 150	60/ 153.75

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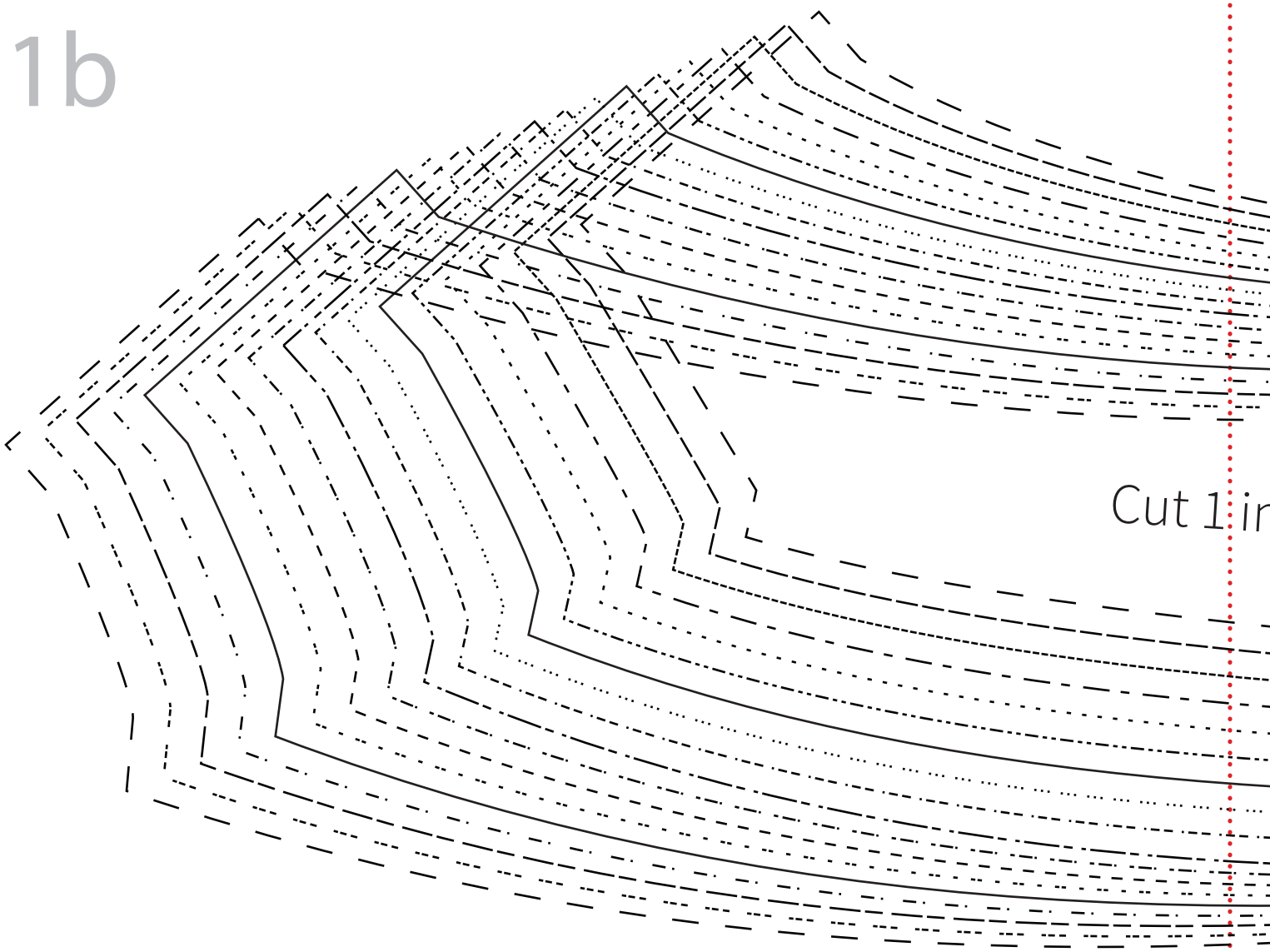
1b



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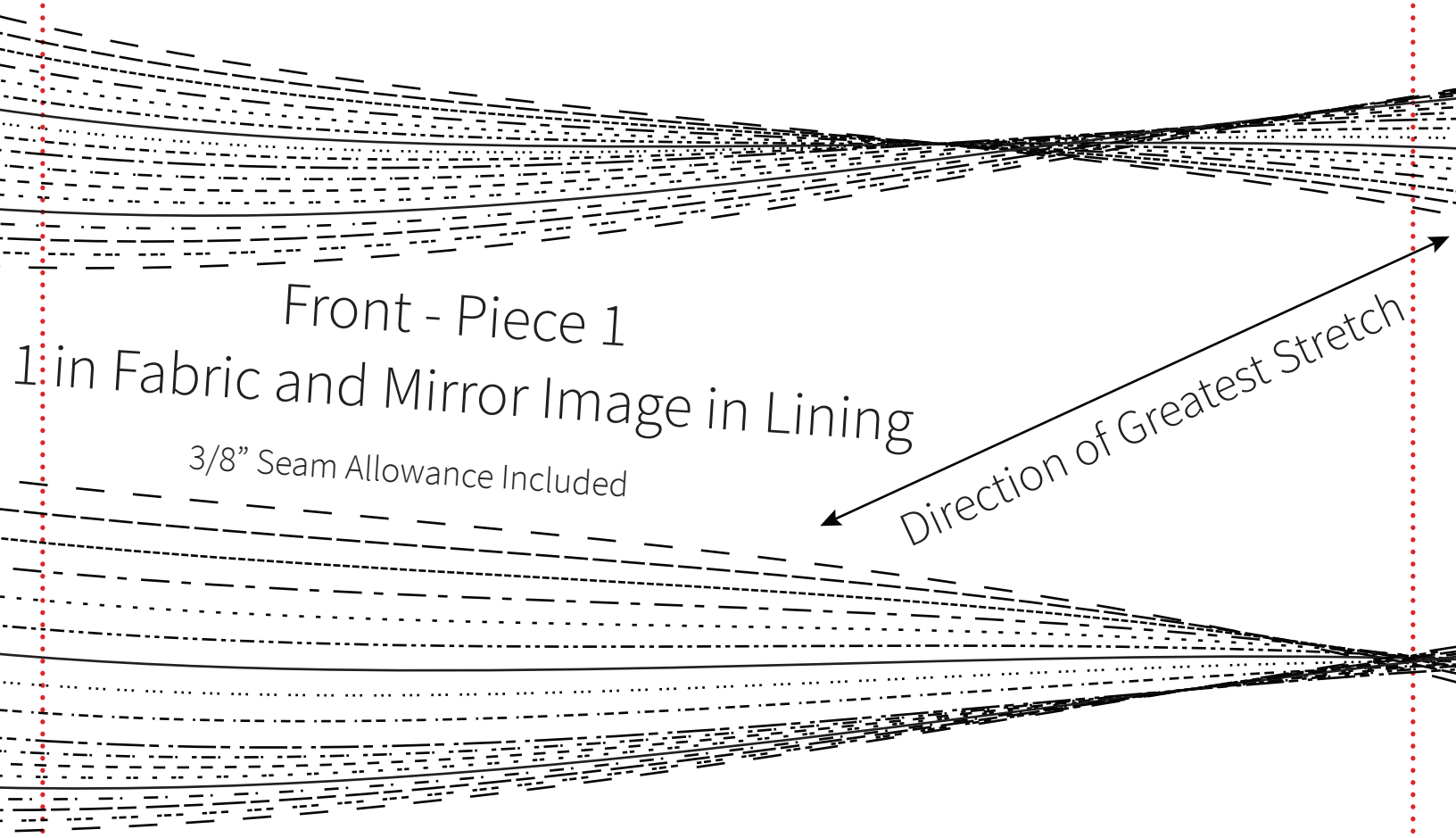
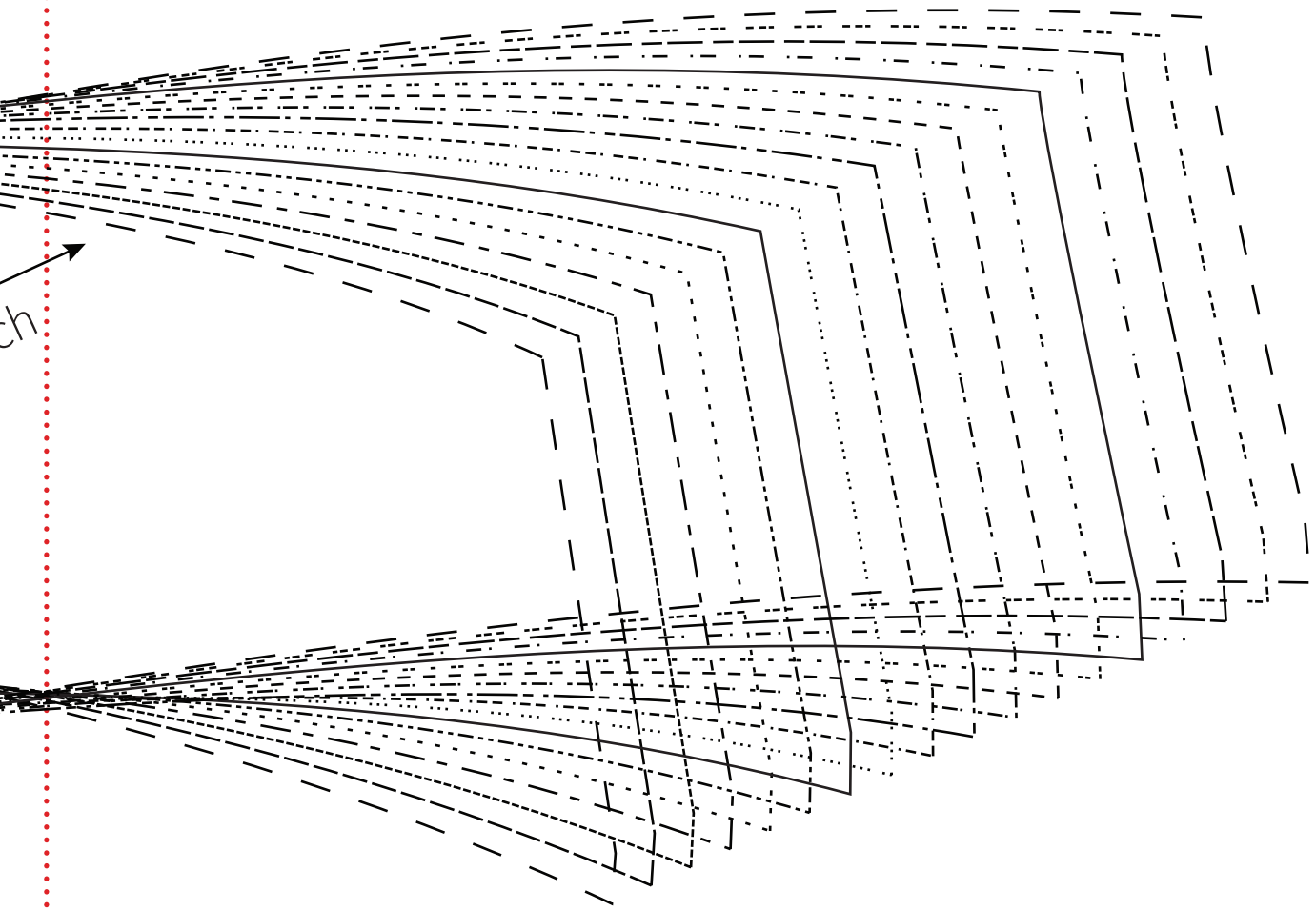

Front - Piece 1
1 in Fabric and Mirror Image in Lining
3/8” Seam Allowance Included
Direction of Greatest Stretch

1d



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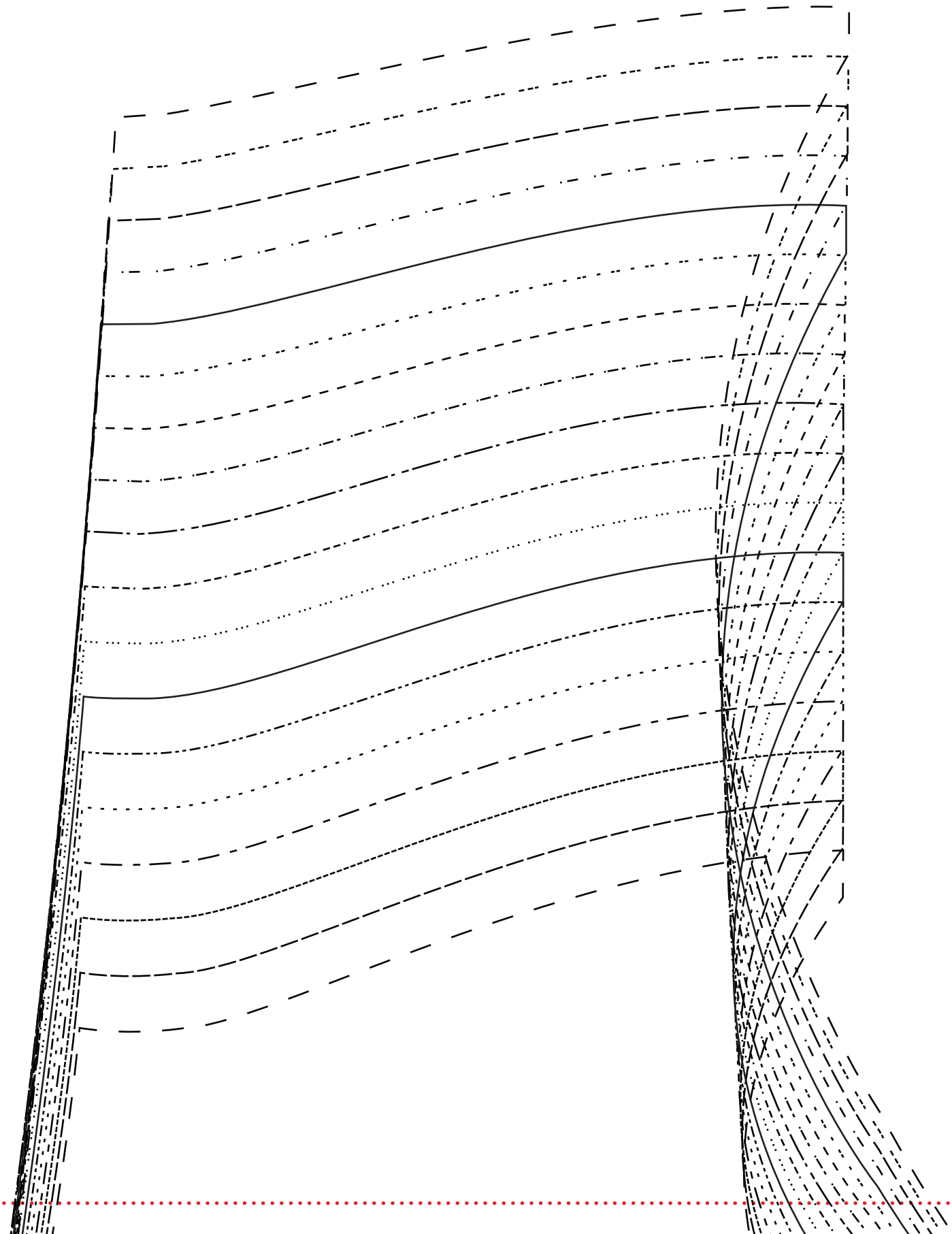
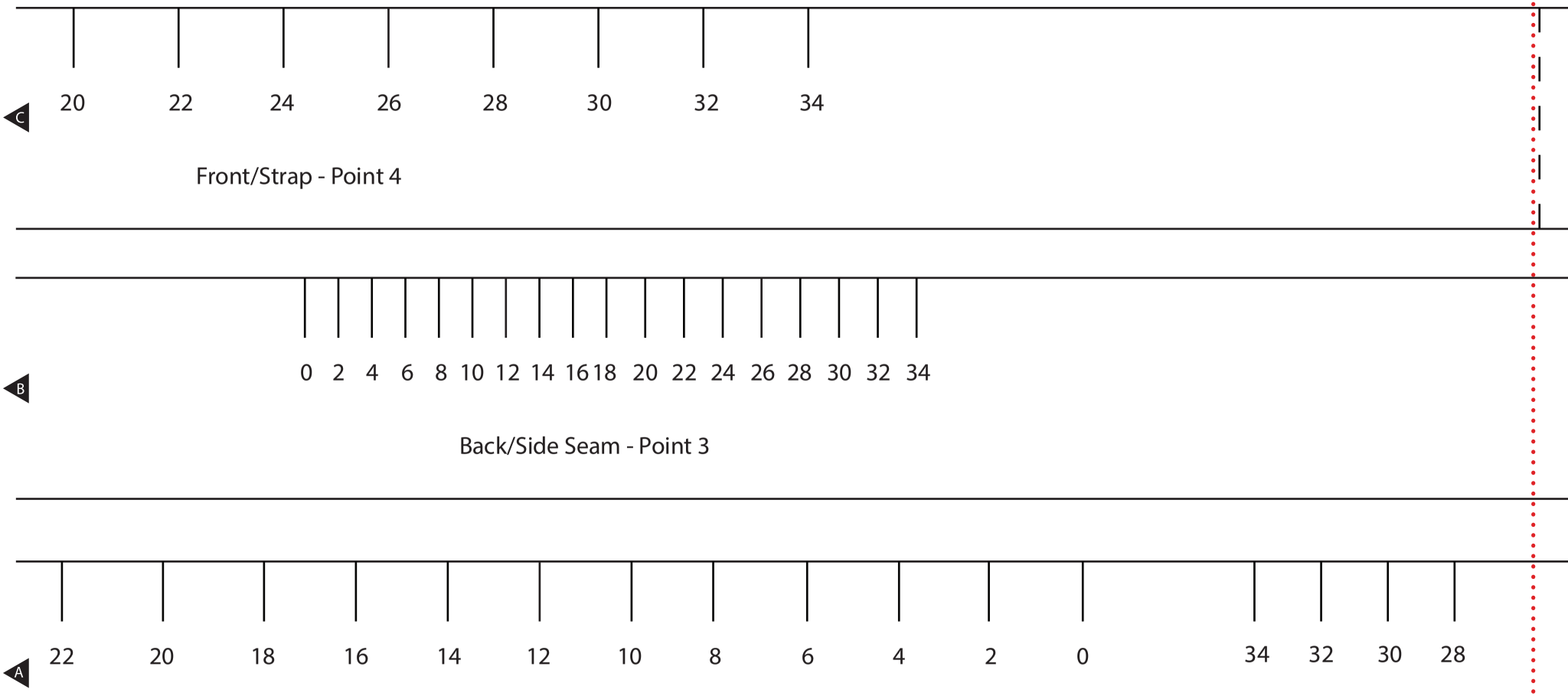
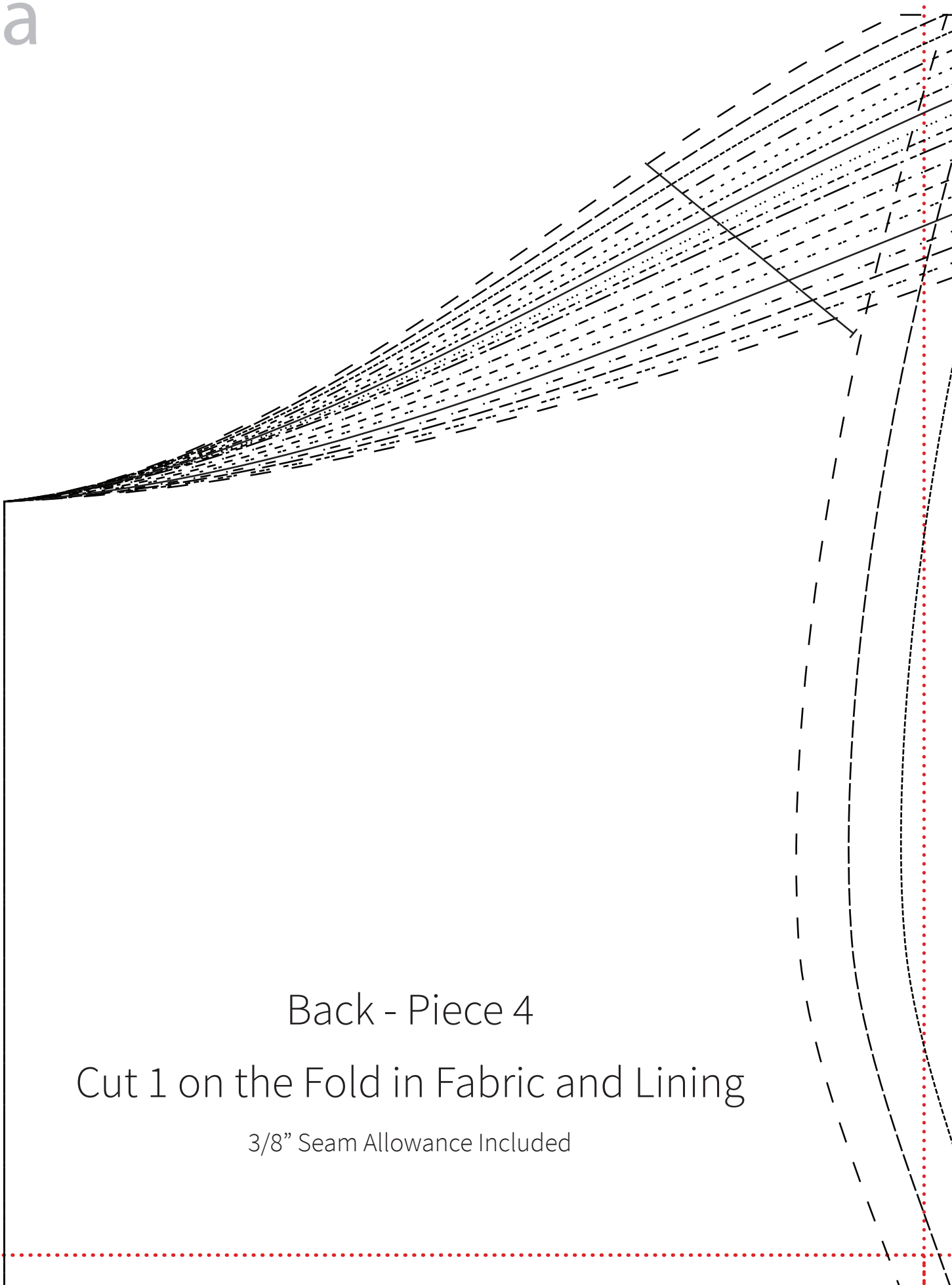


Leg Opening Elastic Guide


C
20 22 24 26 28 30 32 34
Front/Strap - Point 4
B
0 2 4 6 8 10 12 14 16 18 20 22 24 26 28 30 32 34
Back/Side Seam - Point 3
A
22 20 18 16 14 12 10 8 6 4 2 0 34 32 30 28
Outside Strap - Point 1

2a

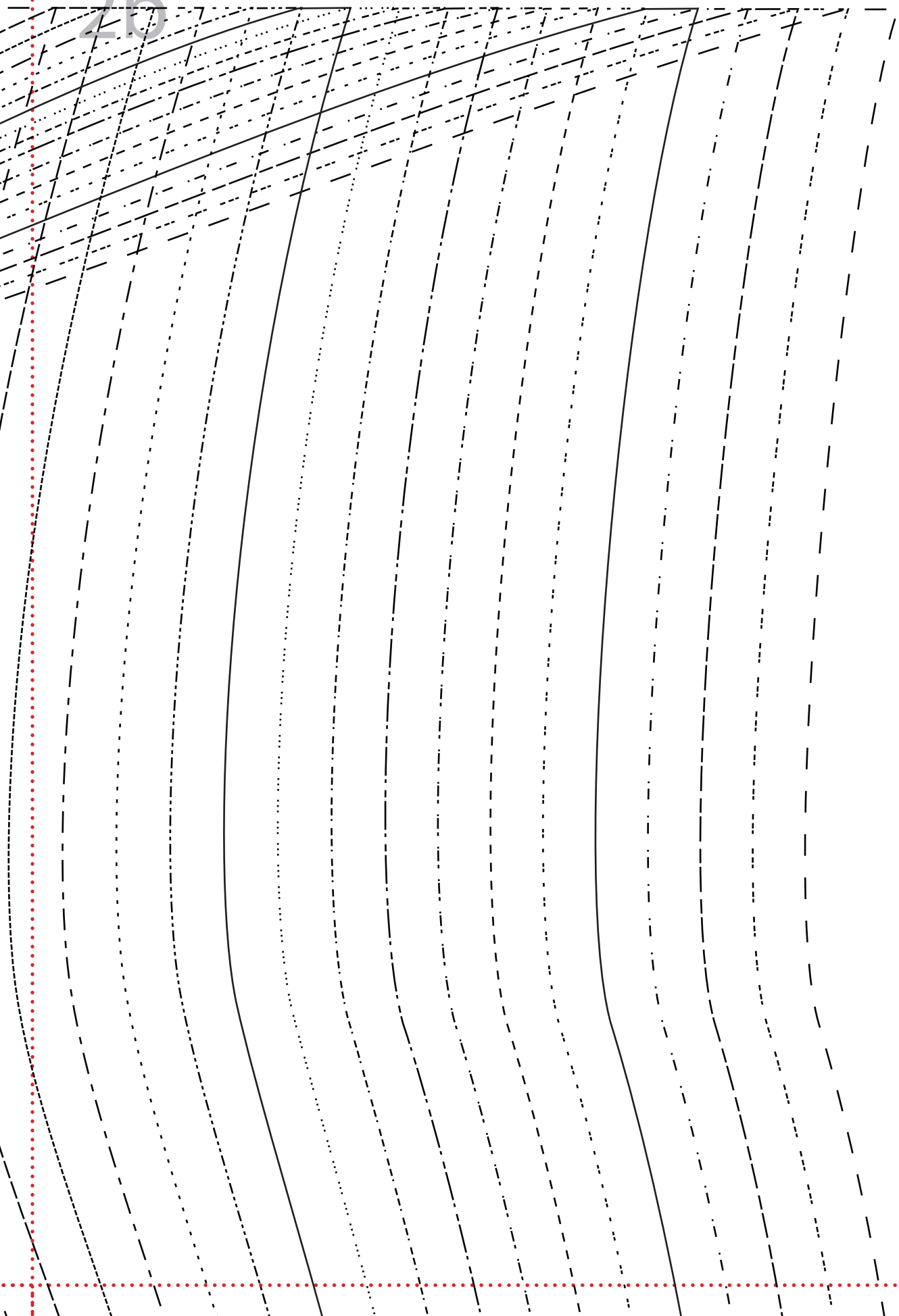


Back - Piece 4

Cut 1 on the Fold in Fabric and Lining

3/8” Seam Allowance Included

2b



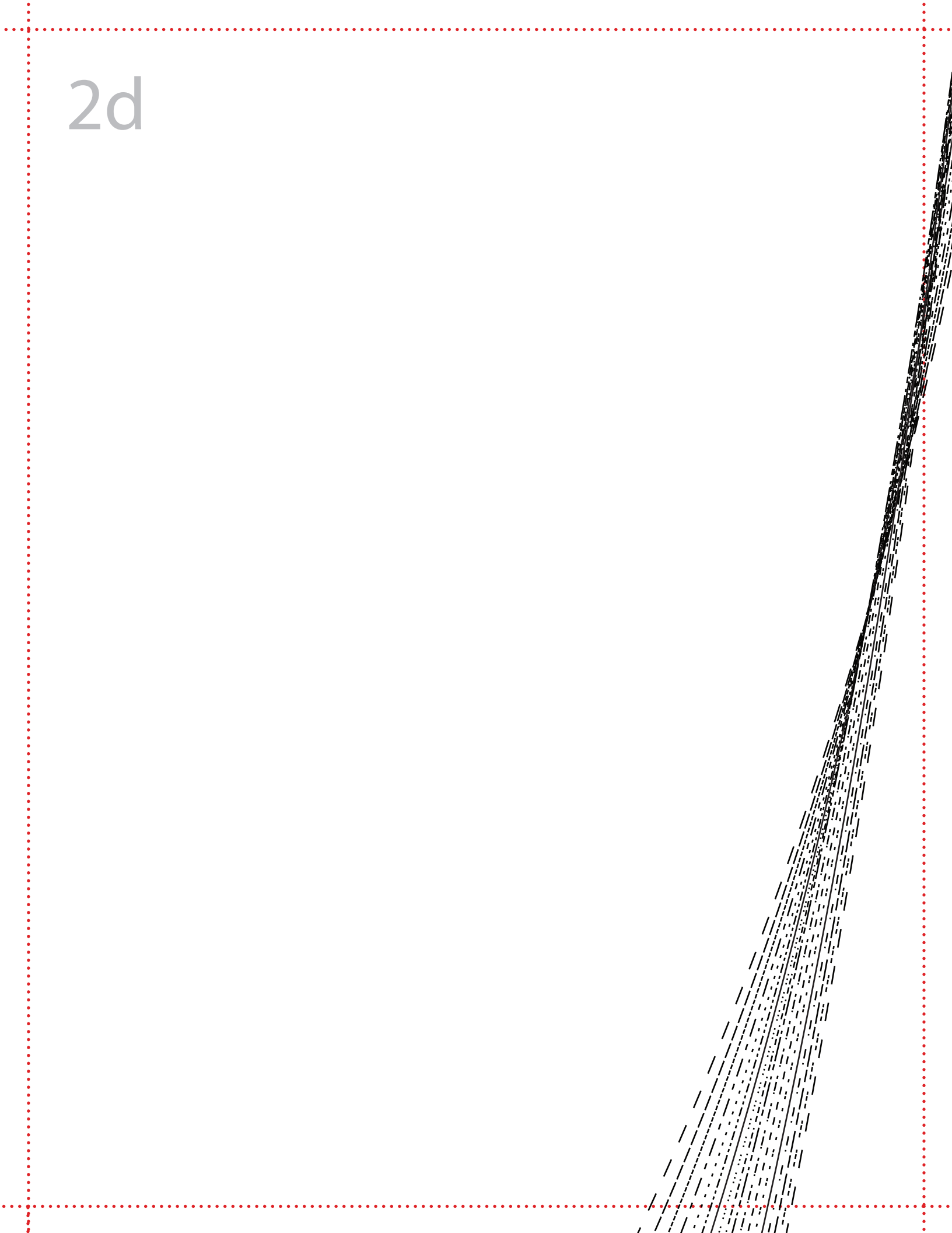
Strap - Piece 5

Cut 2 in Fabric and Interfacing

3/8” Seam Allowance Included

2c

2d

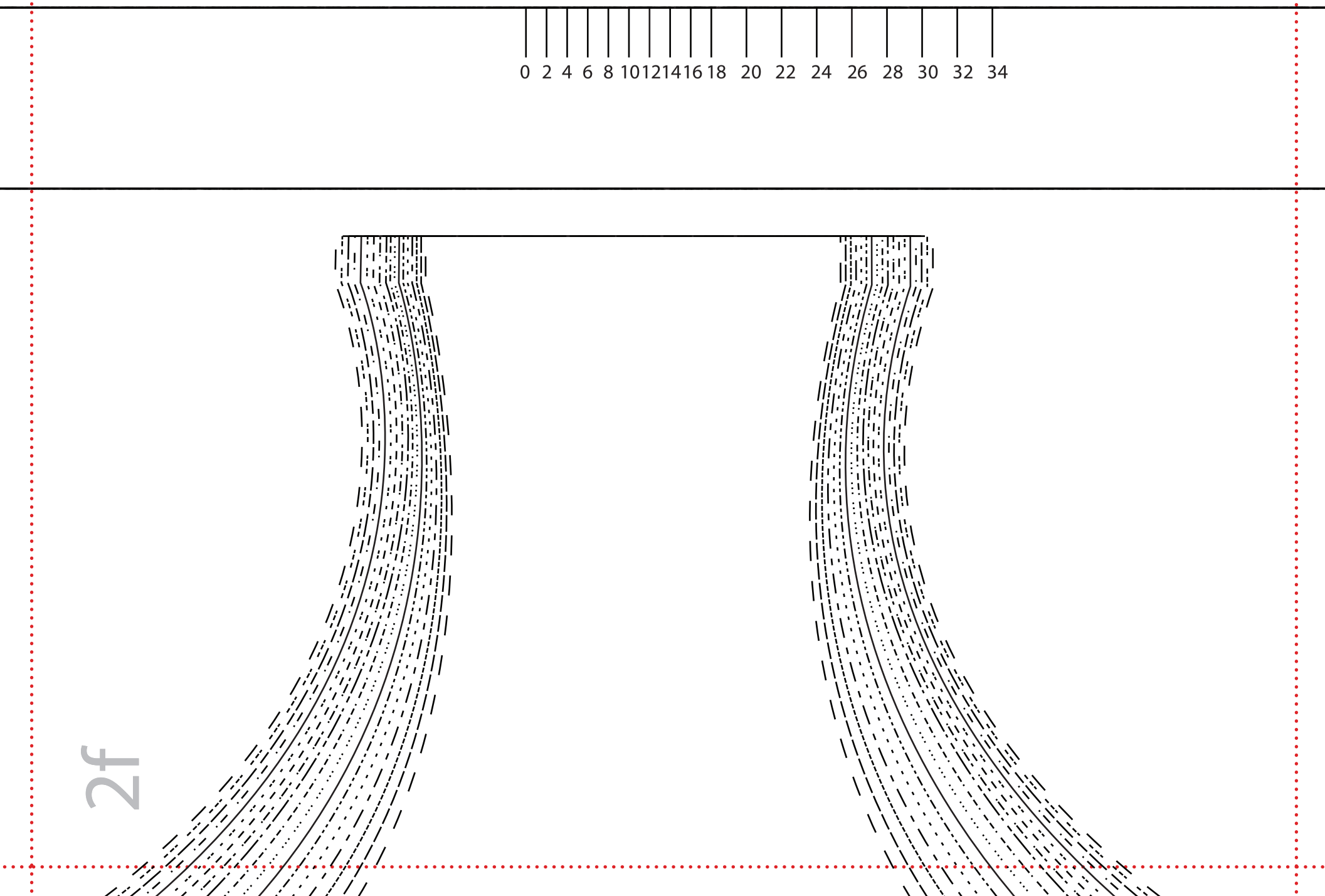


Front - Piece 3

Cut 1 in Fabric and Mirror Image in Lining

3/8” Seam Allowance Included

Direction of Greatest Stretch



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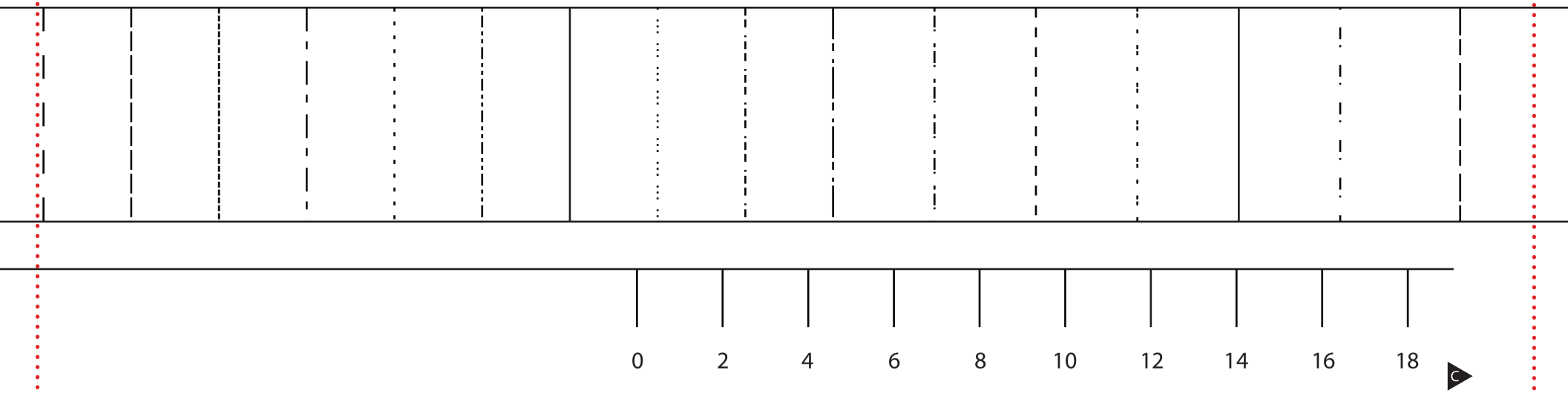
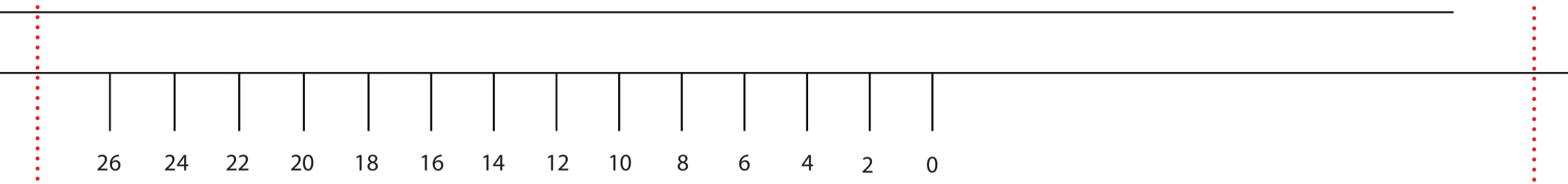
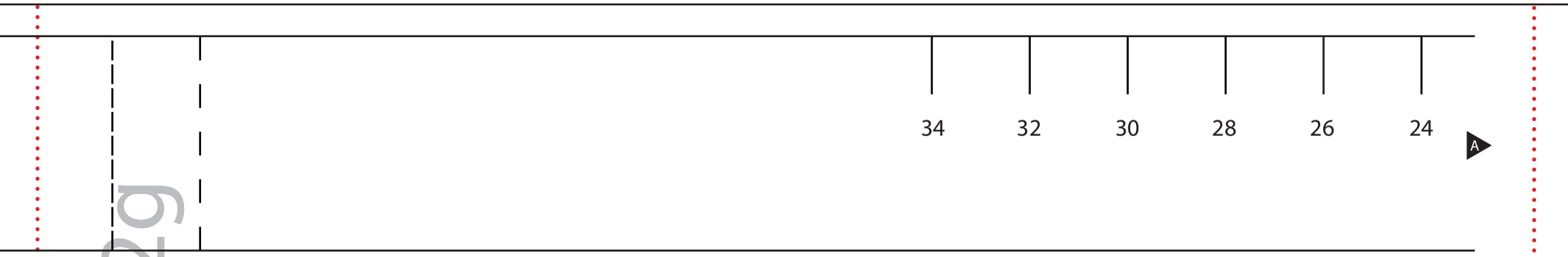




Armhole/Side Seam - Point 2



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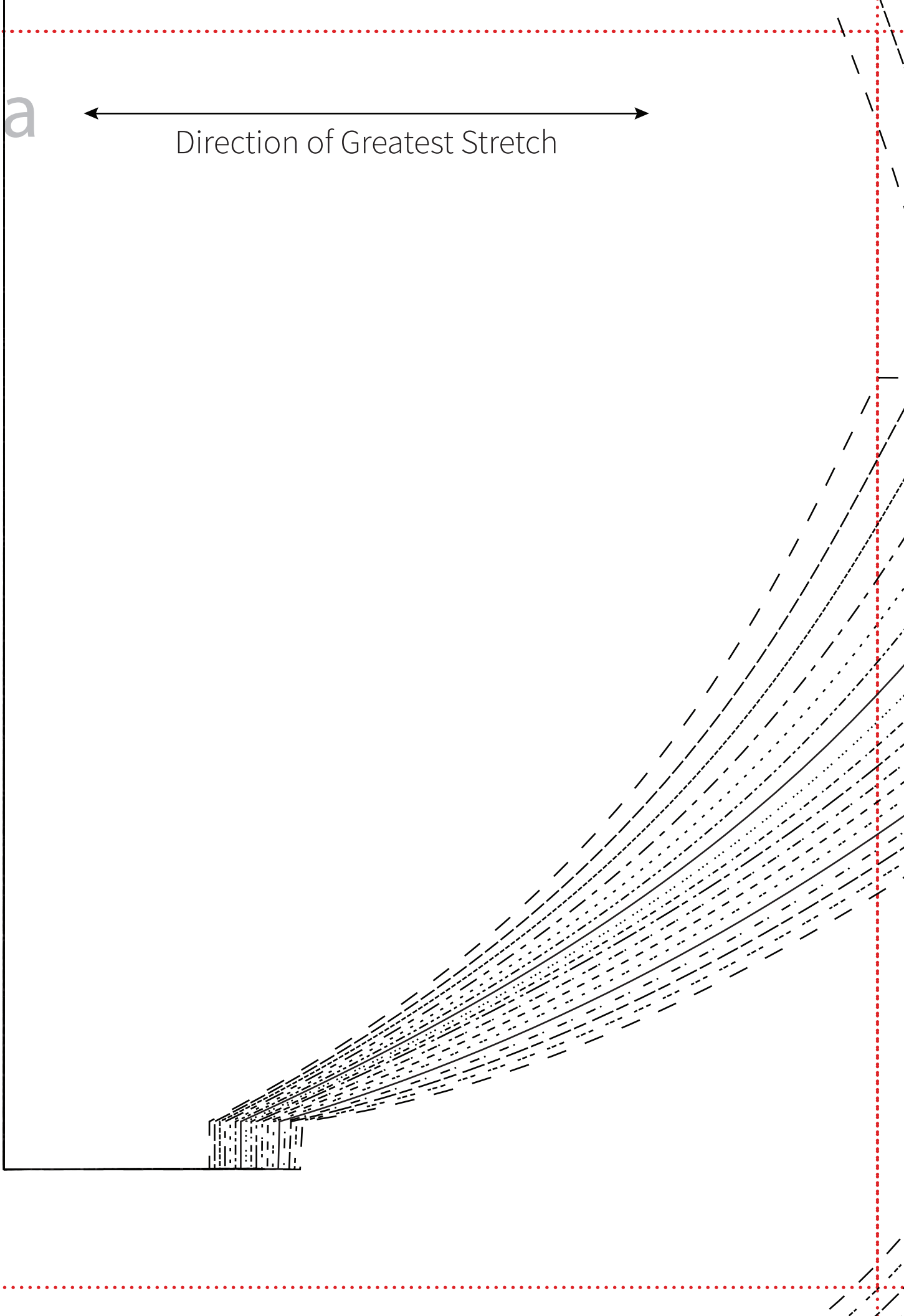

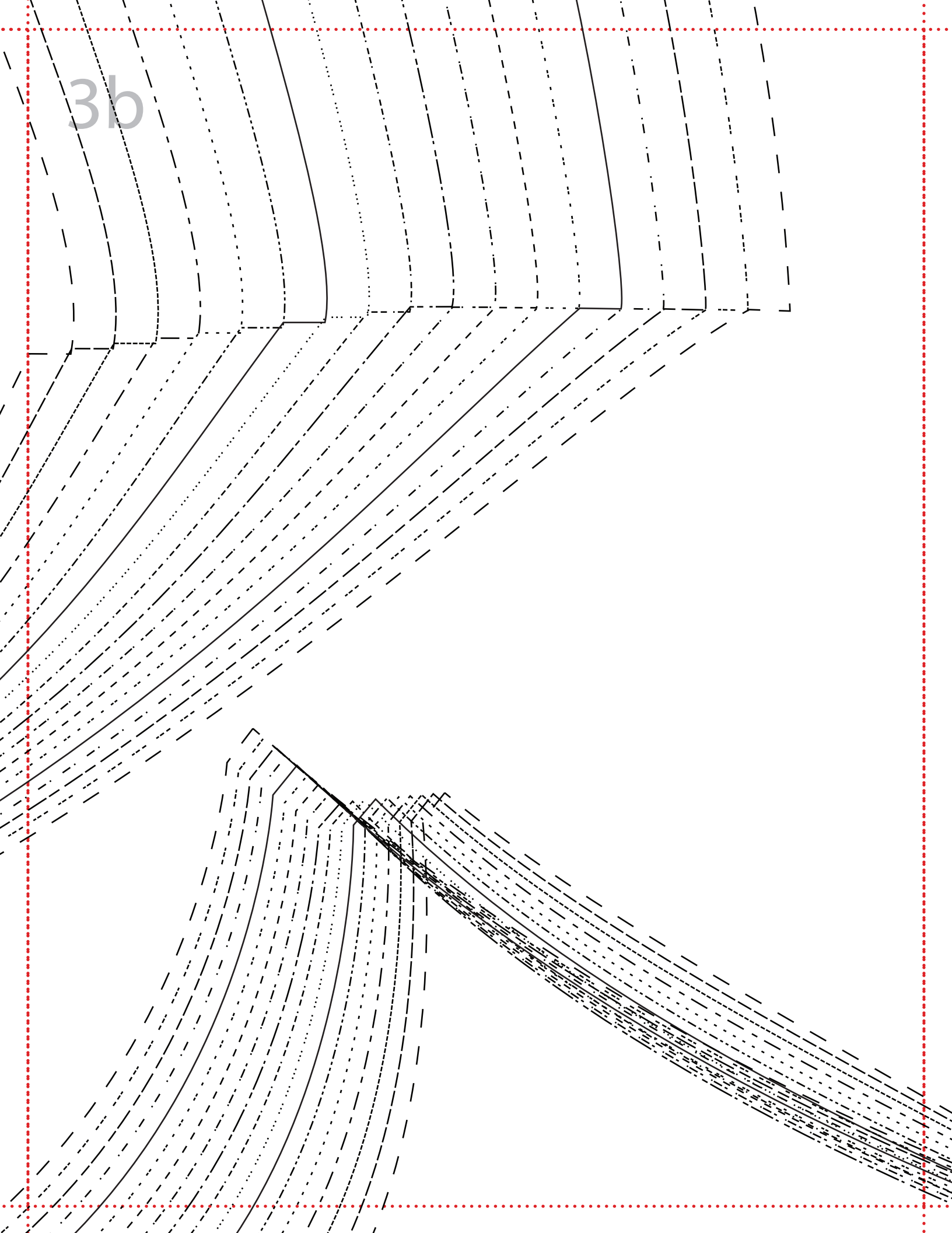
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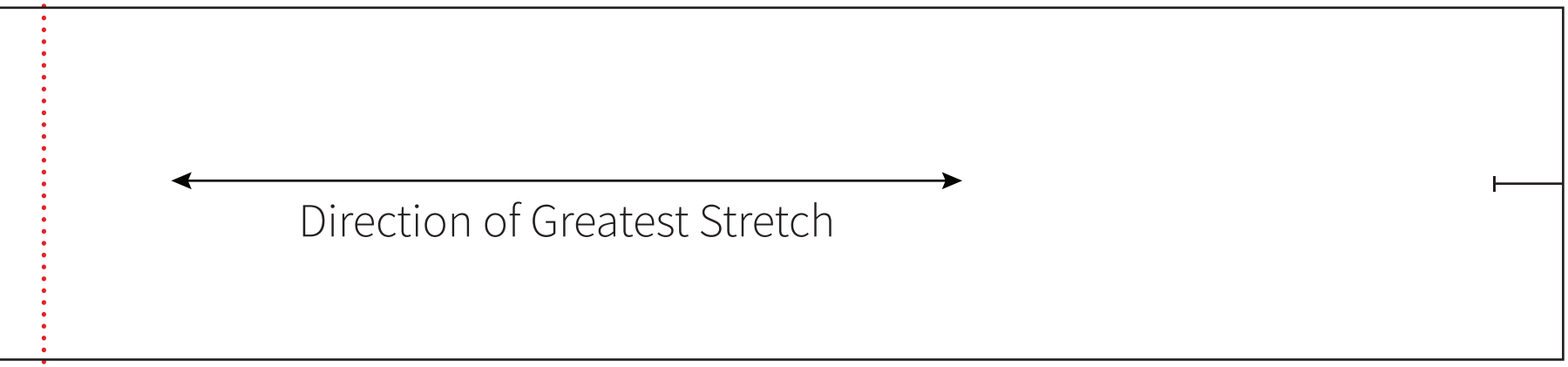
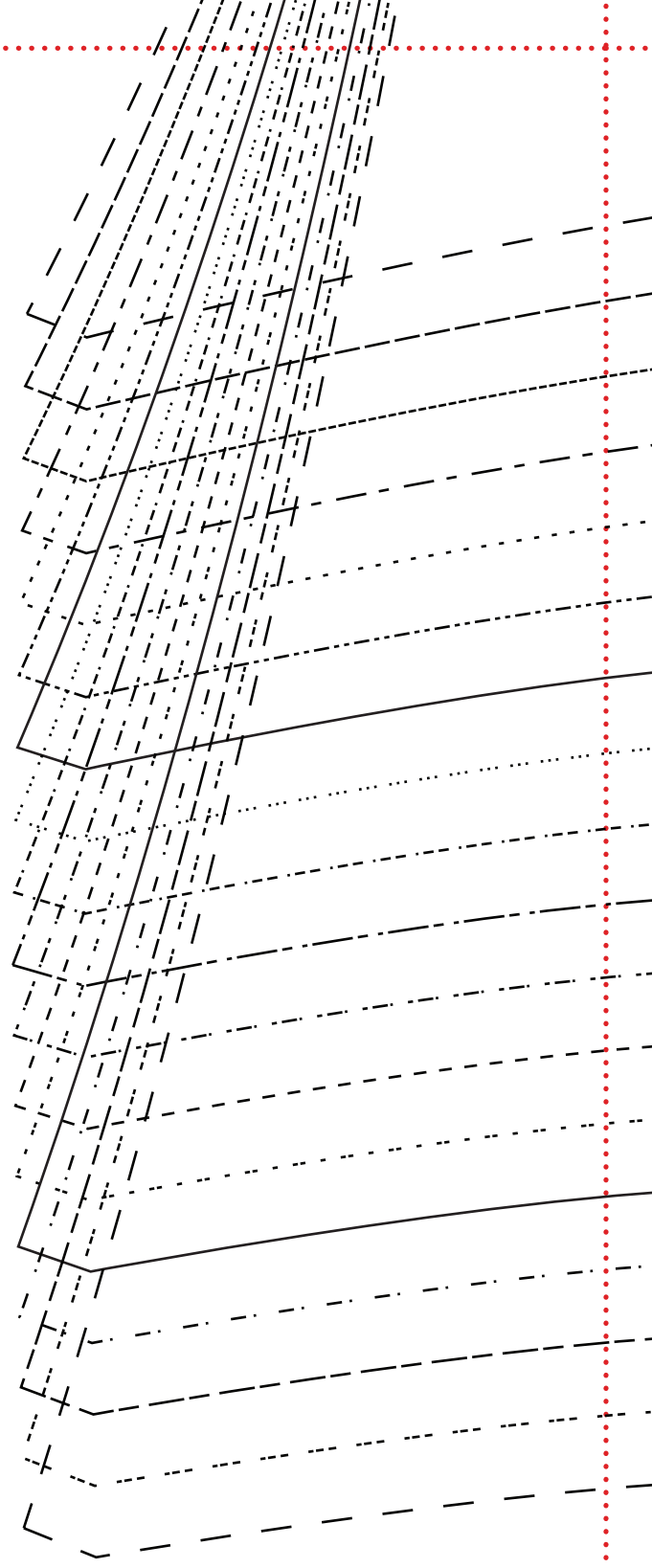


3C

3d



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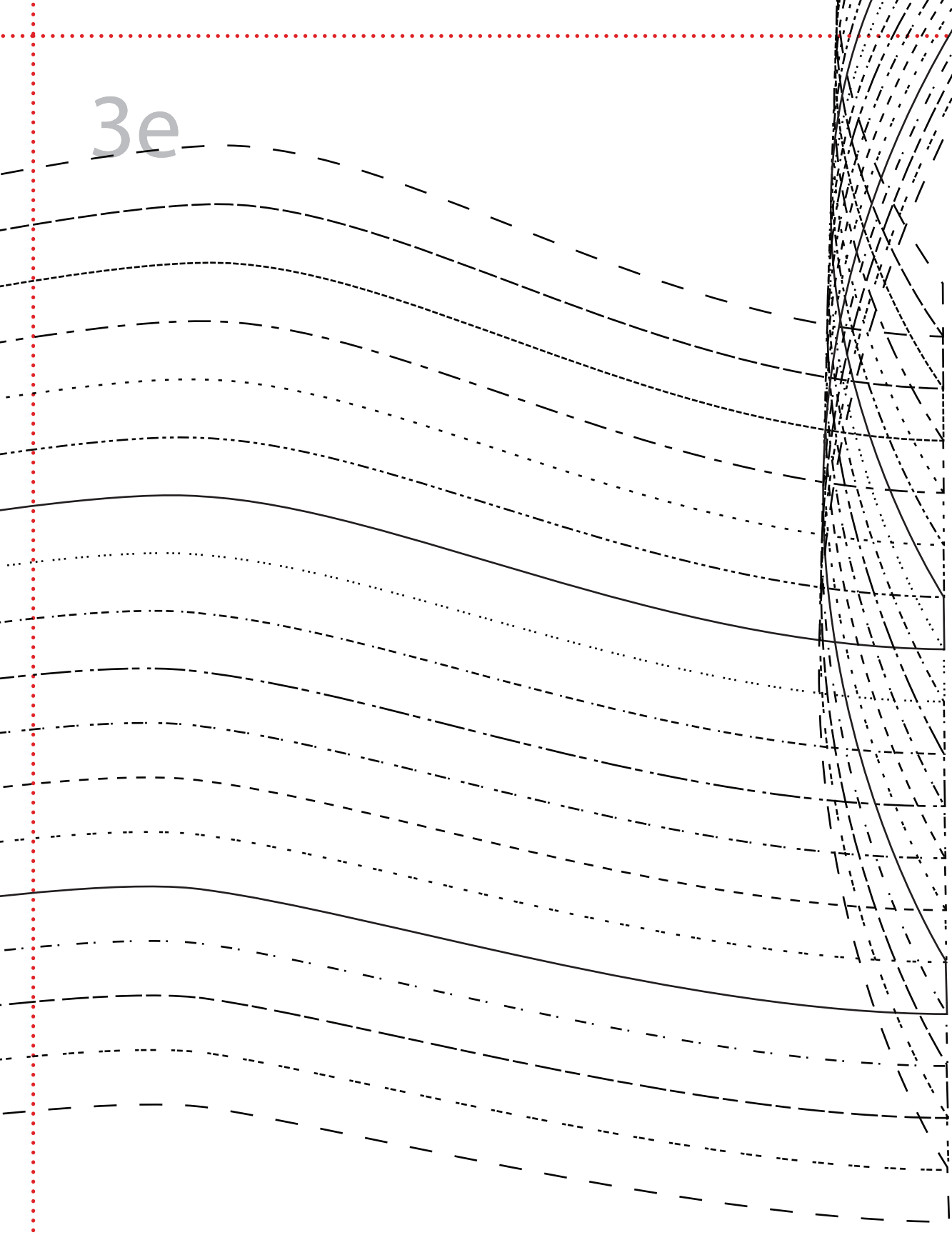

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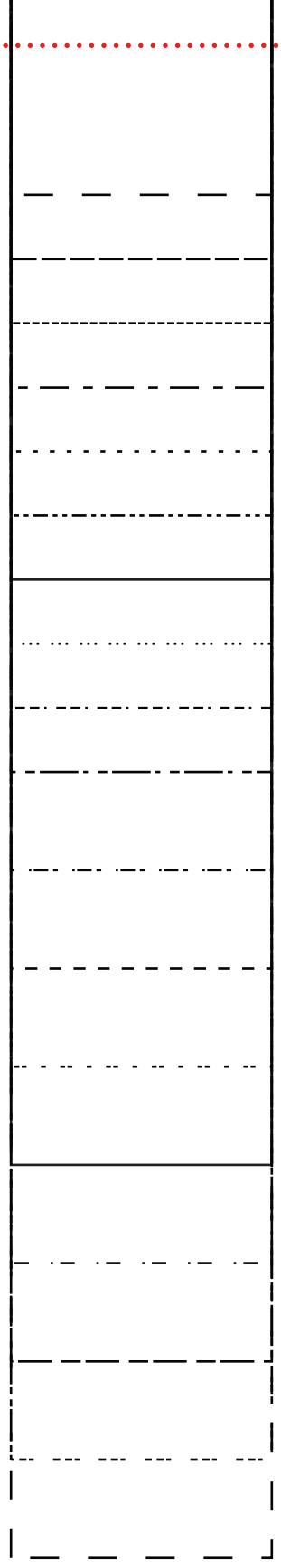
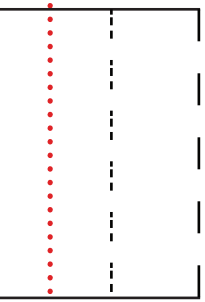
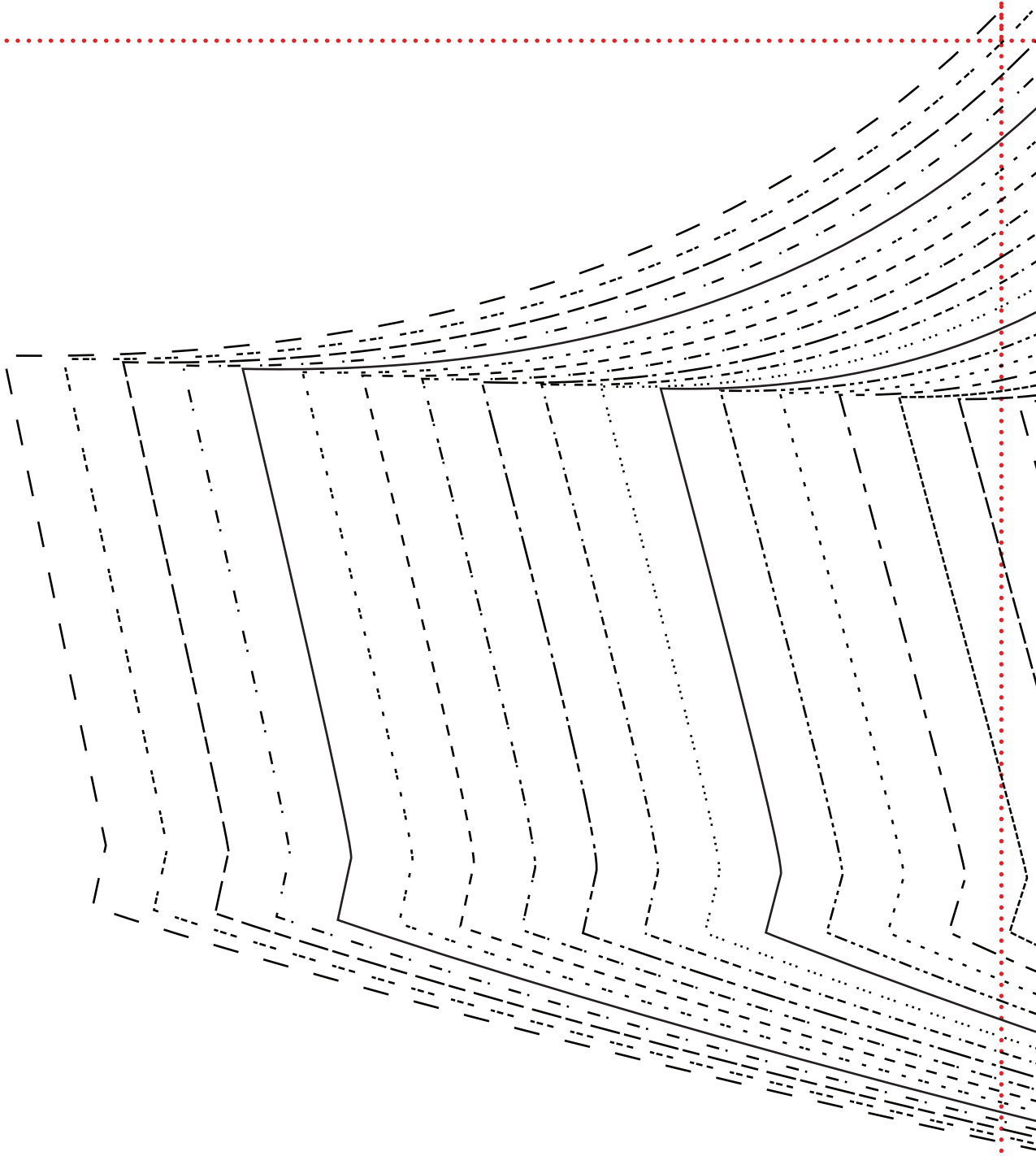
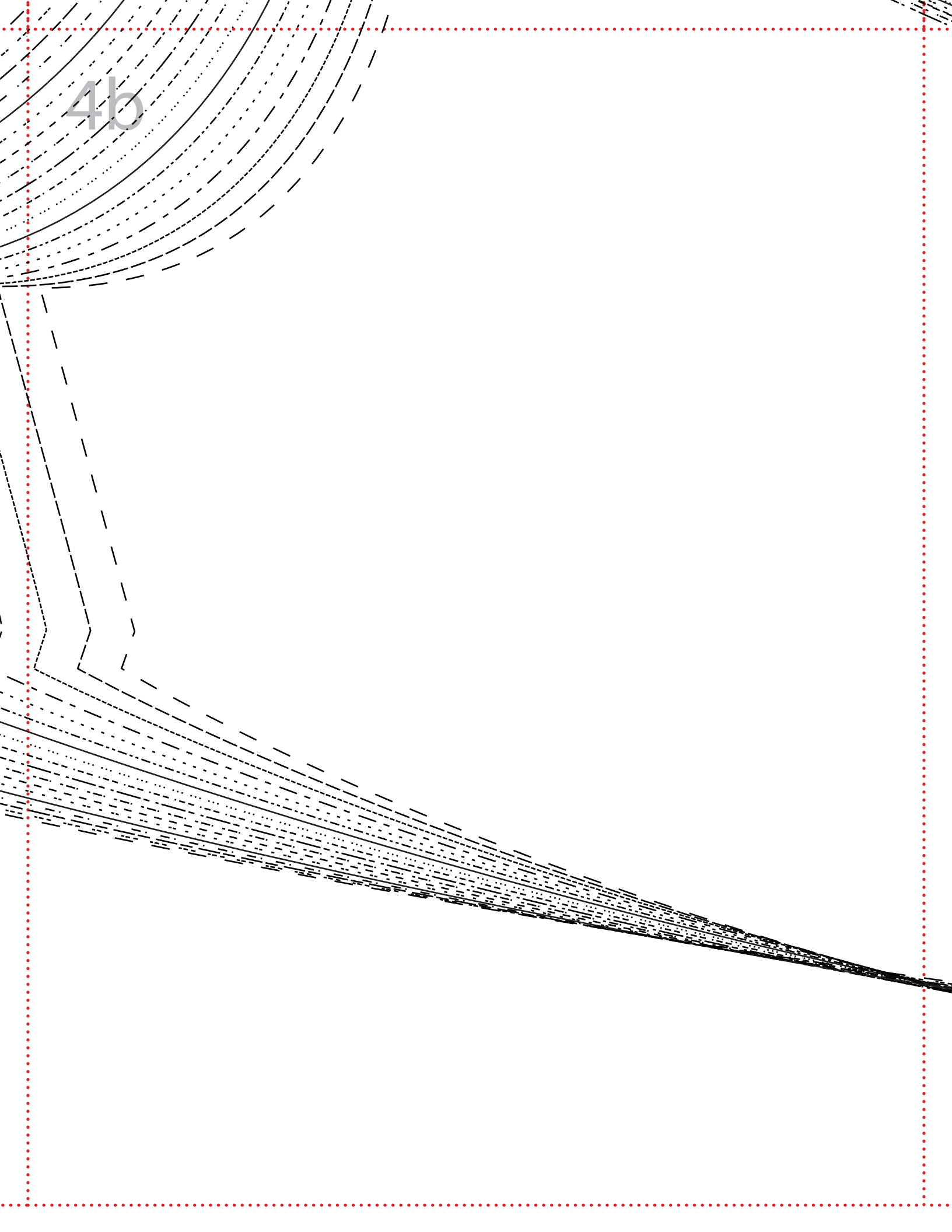




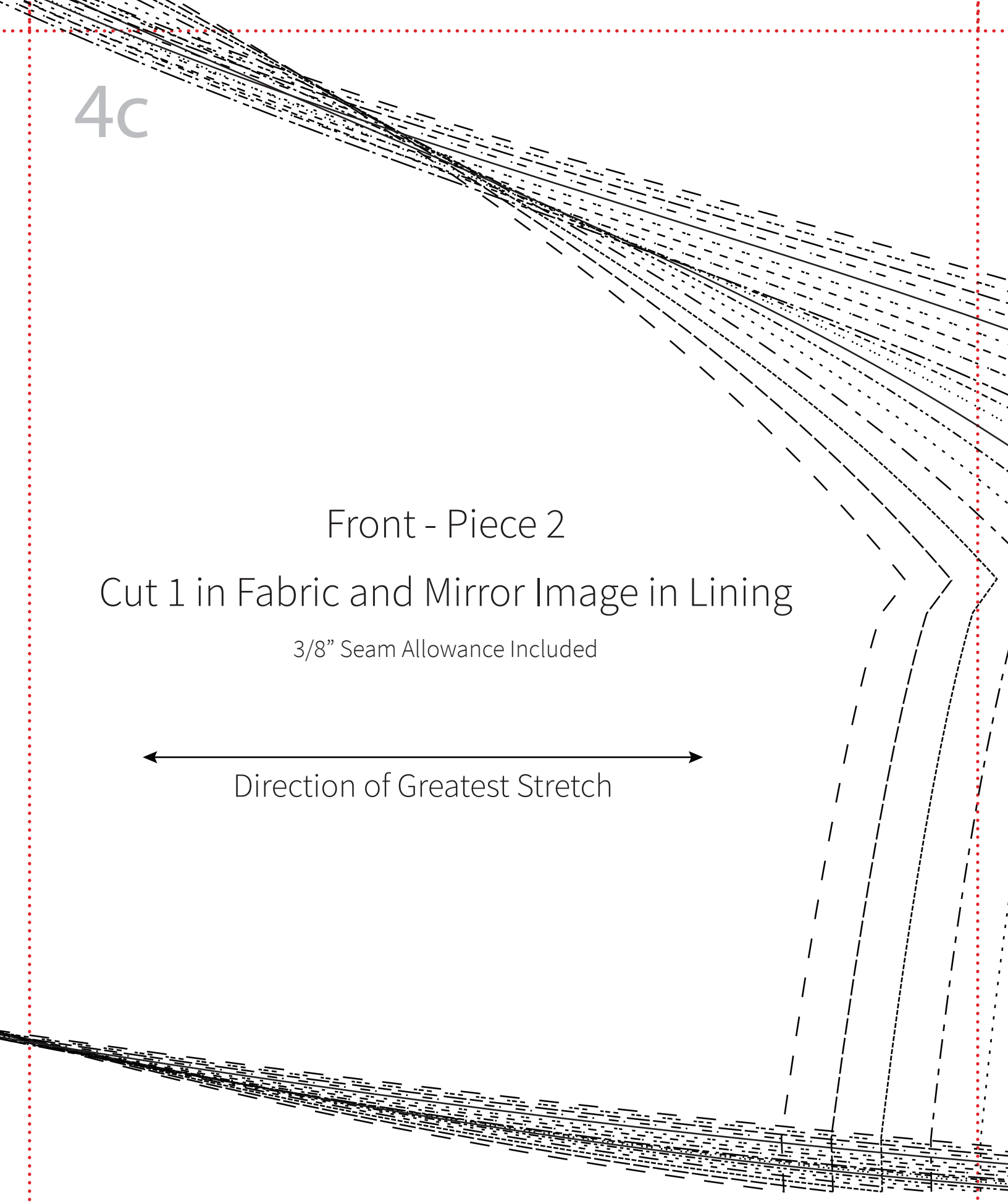
Neckline/Armhole Elastic Guide

4a




4b

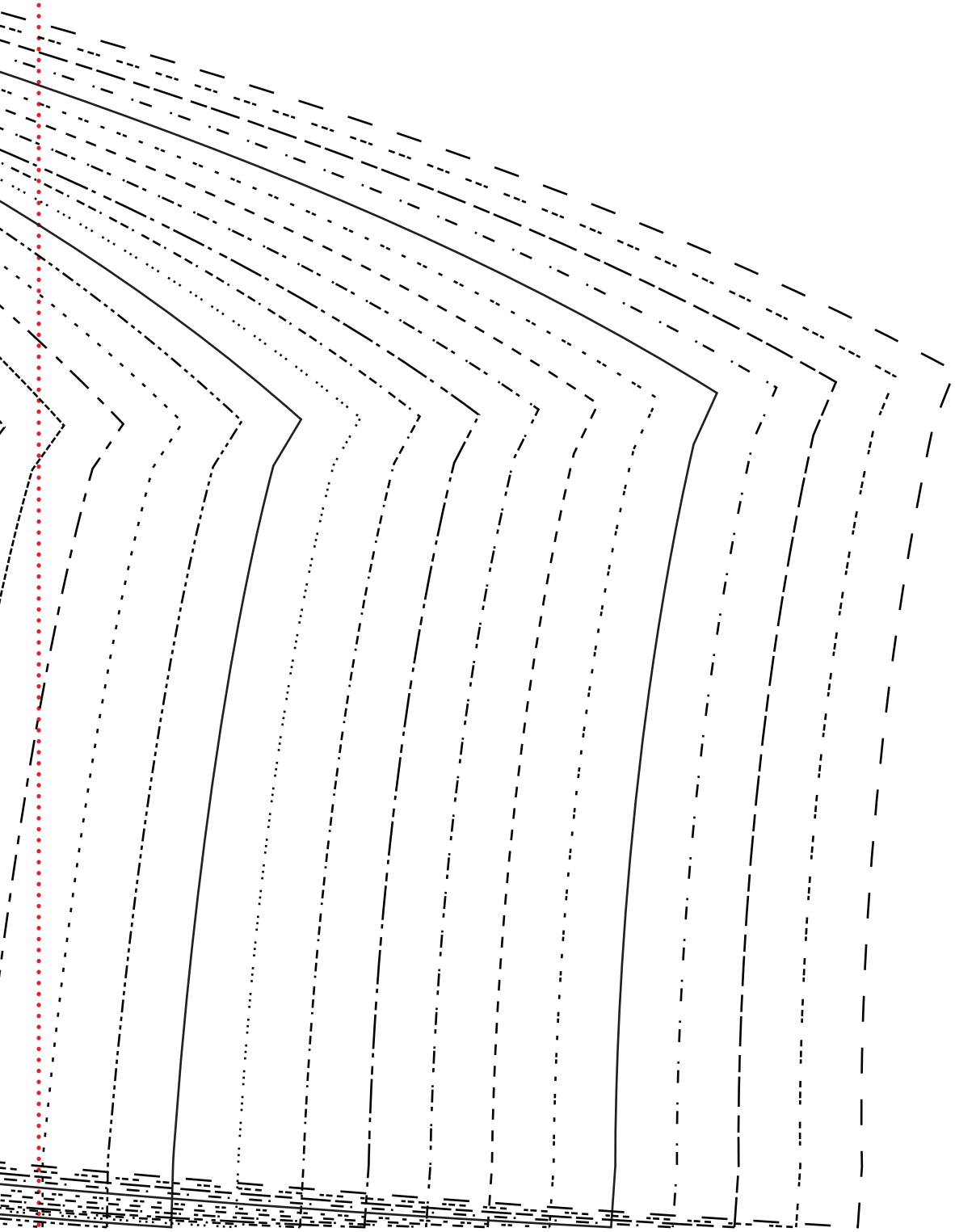
4c



Front - Piece 2

Cut 1 in Fabric and Mirror Image in Lining

3/8” Seam Allowance Included

Direction of Greatest Stretch

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