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## GINGHAM GOURMET PATTERN



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# GINGHAM GOURMET

BY AMANDA NIEDERHAUSER



Stitch a matching apron, hand towel and potholder set to enjoy in your kitchen, or give as a special hostess gift this holiday season.



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## DUDE MOOD

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An apron set is perfect for gifting and super easy to customize, based on the intended recipient's passions. A basic apron pattern, such as this one, is a great starting place. Just swap the florals for a cute novelty print, and you've got a quick, customized gift in no time.



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## APRON

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*Skill level: Easy*

### SUPPLIES

- 2 yards of print cotton fabric (apron)
- Fat quarter of contrasting print cotton fabric (pocket)
- All-purpose thread
- Point turner

### PREPARE

Download the Gingham Gourmet pattern from [sewnews.com/web\\_extras](http://sewnews.com/web_extras) for free until Jan. 31, 2018. Purchase the pattern at [shopsewitall.com](http://shopsewitall.com) after the expiration date. Print and cut out the pattern pieces.

From the apron fabric, cut one apron, one 3½"×22" strip for the

neck strap, one 3½"×12" rectangle for the facing and two 2½"×36" strips for the waist ties.

From the pocket fabric, cut two 9"×14½" rectangles.

### CONSTRUCT

**Pin the pockets** with right sides together. Designate one long edge as the lower edge.

**Stitch the pocket perimeter** using a ¼" seam allowance and leaving a 3" opening along the lower edge for turning.

**Turn the pocket right side out** through the opening. Using a point turner, gently push out each corner. Fold the opening seam allowances ¼" toward the wrong side; press flat.

Topstitch ⅛" from the pocket upper edge.

**Position the apron right side up** on a flat work surface. Position the pocket right side up over the apron, aligning the pocket lower edge 12¾" from the apron lower edge. Topstitch ⅛" along the pocket sides and lower edge, backstitching at the upper edges to secure. Topstitch vertically along the pocket center, backstitching at the upper edge to secure.

**Fold the neck strap in half lengthwise** with wrong sides together; press, and then unfold. Press each long edge ¼" toward the wrong side. Refold the strap along the foldline; pin. Edgestitch both strap long edges.

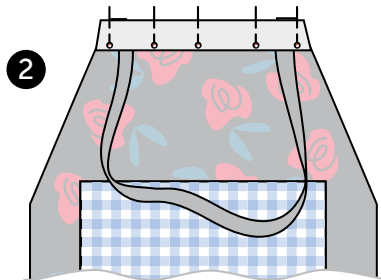
**Place the neck-strap raw edges 1" in** from the apron sides, aligned with



the raw upper apron edge; pin **(1)**. Try on the apron and pin the neck strap at the desired length. Baste the straps in place using a  $\frac{1}{8}$ " seam allowance.

**Fold one facing long edge**  $\frac{1}{2}$ " toward the wrong side; press. With right sides together, align the facing long raw edge with the apron upper edge and over the neck strap raw ends **(2)**; pin.

**Stitch the apron upper edge** using a  $\frac{1}{2}$ " seam allowance. Press the facing toward the apron wrong side. Edgestitch the apron upper edge and the facing lower edge.

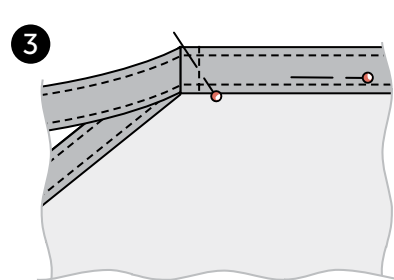


**Double-fold each straight apron side**  $\frac{1}{4}$ " toward the wrong side; pin, and then stitch.

**Fold each waist-tie long edge**  $\frac{1}{4}$ " toward the wrong side; press, and then edgestitch. Repeat to edgestitch one waist-tie short end.

**Fold each apron-front curved edge**  $\frac{1}{4}$ " toward the wrong side; pin, and then stitch. Fold each curved edge a scant  $\frac{3}{8}$ " toward the wrong side, aligning the fold with the neck-strap edge; pin.

**Position the waist-tie raw short ends** along the lower curved edge. Gradually increase the fold size to



accommodate the waist-tie width so the raw edge is completely encased in the fold **(3)**. Topstitch close to the fold.

**Stitch a seam** where the waist ties and the apron meet. Turn the apron right side up and topstitch again where the apron and ties meet.

**Press the apron lower edge**  $\frac{1}{4}$ ", and then  $1\frac{1}{2}$ " toward the wrong side. Topstitch close to the first fold.



## HAND TOWEL

### SUPPLIES

*Supplies listed are enough to make one towel.*

- **Readymade 100% cotton kitchen hand towel**
- **Print quilting cotton (amount according to measurements)**
- **$\frac{3}{4}$ "-wide rickrack (amount according to measurements)**
- **All-purpose thread**
- **Temporary spray adhesive (optional)**

### PREPARE

Prewash and dry the towel.

**Measure the towel length**, and then add 2"; record as the new length measurement.

**From the print fabric**, cut one 5" x the new length measurement rectangle.

**From the rickrack**, cut two strips that match the new length measurement.

### CONSTRUCT

**Press each rectangle long edge**  $\frac{1}{4}$ " toward the wrong side.

**Position the towel right side up** on a flat work surface. Center the fabric rectangle right side up over the towel, extending the short ends 1" beyond the towel short edges; pin or use temporary spray adhesive to secure.

**Center each rickrack piece** below each rectangle folded long edge; pin or use temporary spray adhesive to secure.

**Fold one fabric-rectangle short edge** and both rickrack ends  $\frac{1}{2}$ " toward the fabric wrong side; press. Fold again  $\frac{1}{2}$ " toward the towel wrong side; press, and then pin.

**Repeat to fold** the opposite fabric-rectangle short edge and rickrack ends.

**Topstitch the fabric rectangle**  $\frac{1}{8}$ " from the perimeter.

# POTHOLDERS

## SUPPLIES

*Supplies listed are enough to make two potholders.*

- **Fat eighth of neutral print quilting cotton (background)**
- **Two 4" squares of print quilting cotton**
- **One 12"x14" rectangle each of pink & orange print quilting cotton (appliqué)**
- **Two 10" squares each of batting & terrycloth fabric**
- **Two 2½"x42" strips of contrasting print quilting cotton (binding)**
- **Paper-backed double-sided fusible web**
- **Thread: contrasting & matching all-purpose**
- **Temporary spray adhesive**
- **Walking foot**

## PREPARE

From the background fabric, cut four 2¾"x4" rectangles and four 2¾"x8 ½" rectangles.

**TIP:** Upcycle a bath or hand towel for the potholder backing fabric.

## CONSTRUCT

*Use ¼" seam allowances unless otherwise noted.*

**Position one 4" print square right side up** on a flat work surface.

Designate one edge as the upper edge. With right sides together, align one small rectangle long edge with the square left edge; pin. Stitch; press the seam allowances toward the square.

**Repeat to stitch** a second small rectangle to the square right edge.

**With right sides together**, align one large rectangle long edge with the

square upper edge; pin. Stitch; press the seam allowances toward the square.

**Repeat to stitch** a second large rectangle to the square lower edge.

**Repeat to create** a second block.

**Using the teardrop template**, trace two sets of twelve teardrops onto the fusible web paper side.

**Position the pink appliqué fabric** wrong side up on a flat work surface. Position one set of teardrops paper side up over the fabric. Fuse following the manufacturer's instructions.

**Repeat to fuse** the second set of teardrops to the orange appliqué fabric.

**Cut out each teardrop**, and then peel off the paper backing.

**Position two orange teardrops**, aligning the points with one square corner on the block right side; fuse. Center one pink teardrop between the two orange teardrops, aligning the point with the corner point; fuse.

**Repeat to fuse** the teardrops to the remaining square corners.

**Repeat to fuse** the remaining teardrops to the remaining block, but place two pink and one orange teardrop at each square corner.

**Thread the machine and bobbin** with dark contrasting thread. Edgestitch each teardrop perimeter.

**Position one terrycloth square** wrong side up on a flat work surface. Position one batting square over the terry cloth, and then position one quilt block right side up over the batting; pin or use temporary spray adhesive to secure.

**Install a walking foot onto the machine.** Thread the machine and bobbin with matching thread. Stitch a diagonal line from each corner to the center.



**Repeat to quilt** the remaining potholder.

## BIND

**Fold the binding strip** in half lengthwise with wrong sides together; press. Cut one strip end on the diagonal, and then fold it ½" toward the wrong side; press.

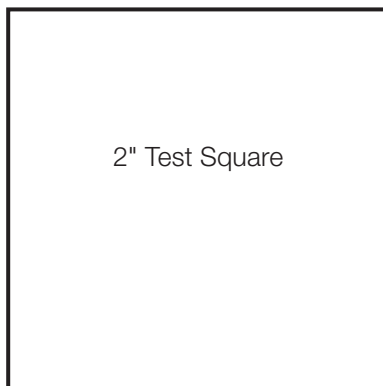
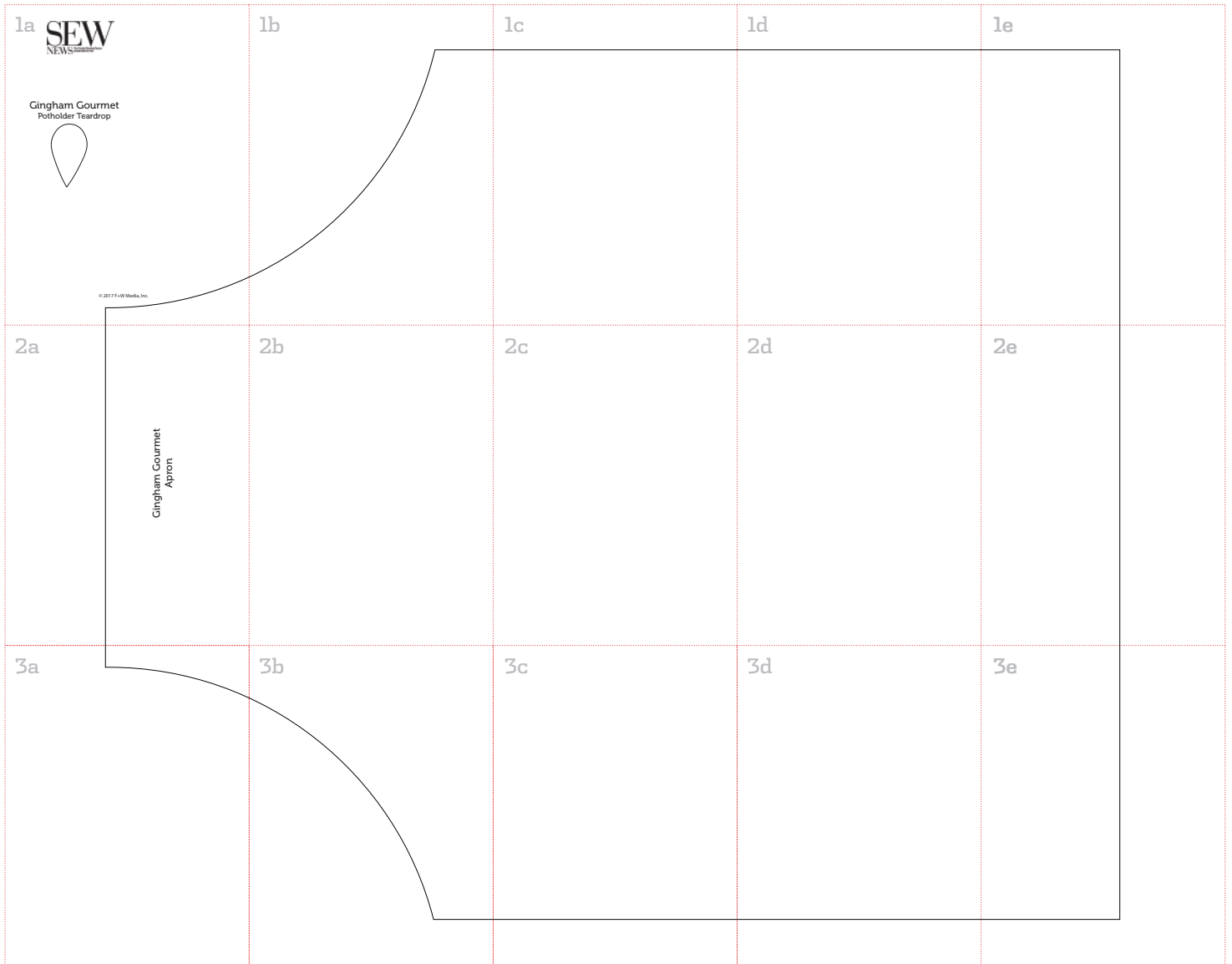
**Position one binding long edge** along one potholder edge with right sides together. Stitch using a ¼" seam allowance, mitering each corner. Lap and stitch the binding strip end 1" over the binding beginning. Trim away the excess binding.

**Fold the binding** toward the potholder backing; pin. Hand stitch the binding fold to the backing.

**Repeat to bind** the remaining potholder. 

## SOURCES

Cotton + Steel provided the featured fabrics: [cottonandsteelfabrics.com](http://cottonandsteelfabrics.com).

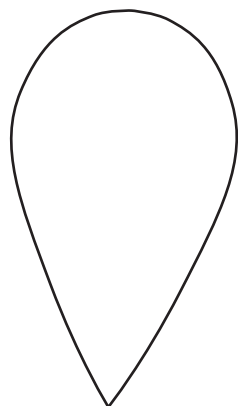


## Gingham Gourmet ePattern Layout

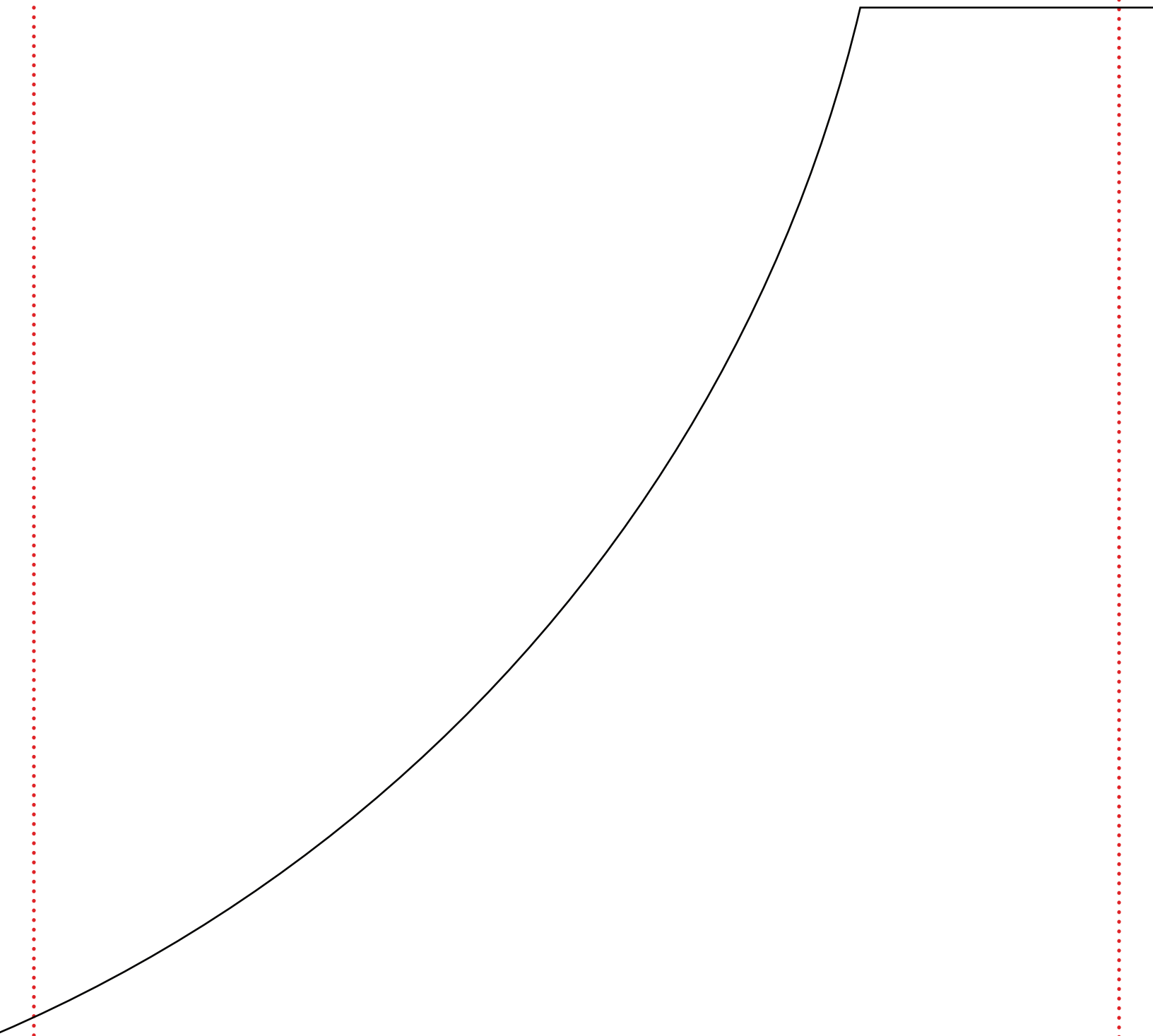
15 pages: 1a-1e, 2a-2e, 3a-3e

Print this page first at 100%, then measure the 2" test square before printing full pattern.

## Gingham Gourmet Potholder Teardrop



1b





1c

1d

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1e

2a

Gingham Gourmet  
Apron

2b

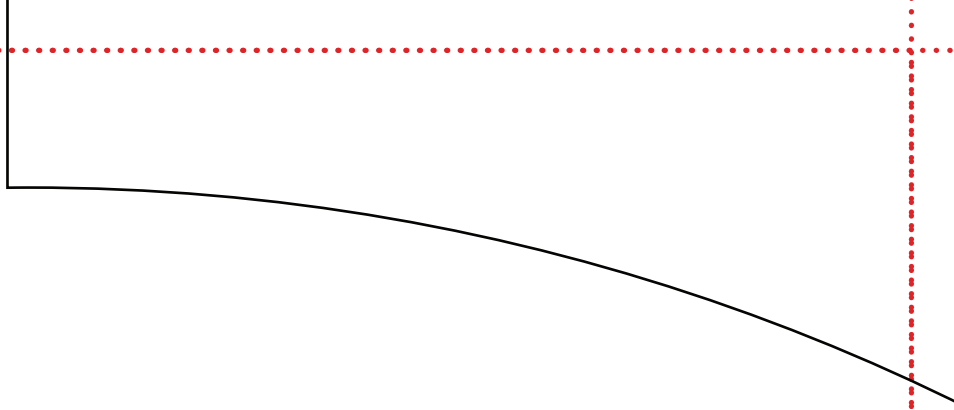
2c

2d

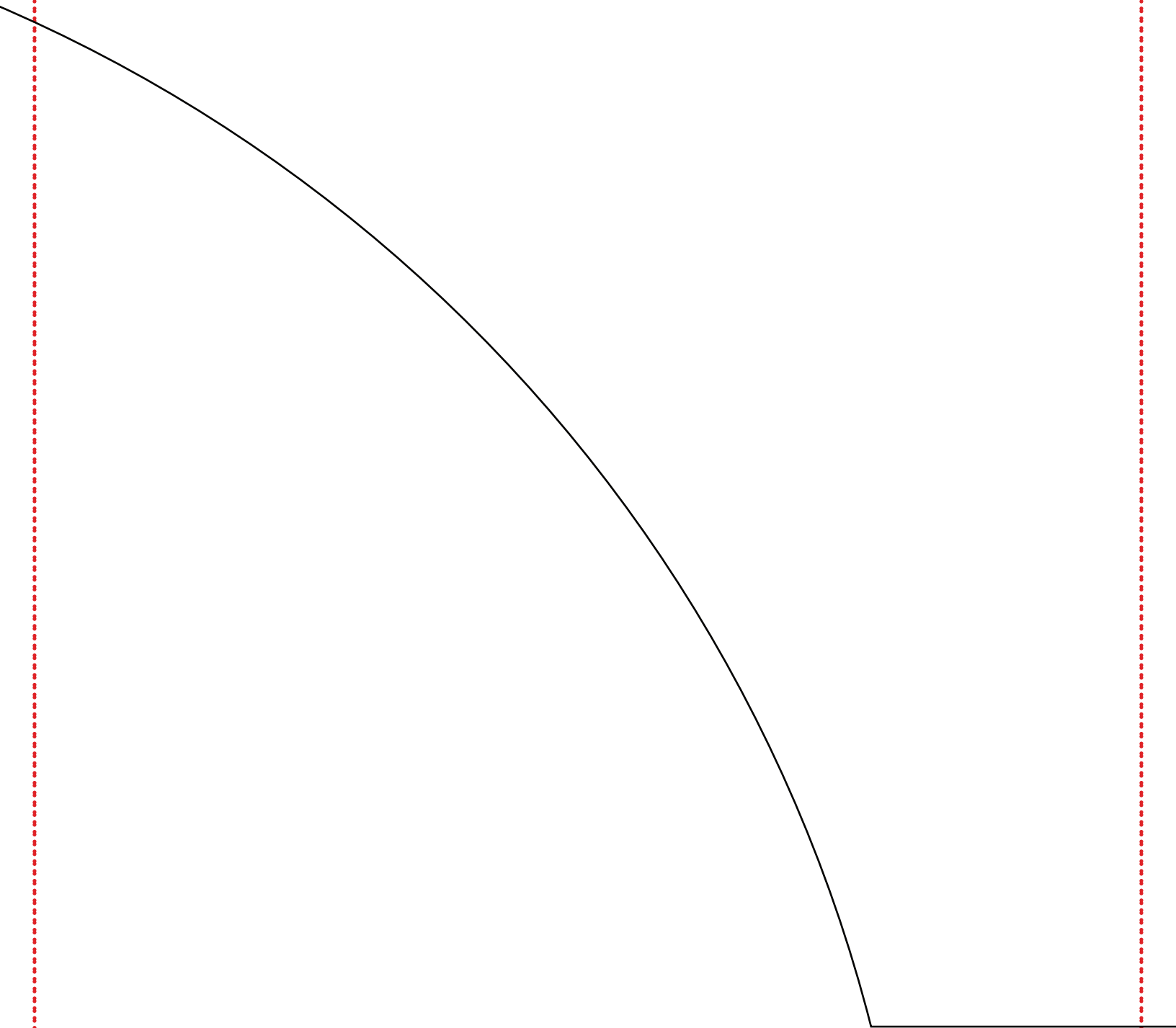
2e



3a



3b



3c

3d

3e